

Repetition is Good 'til It Causes Painful Hands

I have been in India at the Prasanta Banerji Homeopathic Research Foundation (PBHRF) for three of my expected 7-week yearly fellowships and when I have a quiet moment to reflect on my experiences here, it makes my heart swell and my gray matter escalate.

The amount of diseases and suffering that walk into the offices here at the clinic leave me in wonderment, from one moment to the next. If I didn't have the right constitution, I could end up crying at the end of each day.

So far, I have observed and recorded several little children with glioblastoma (a type of brain cancer), hydrocephalus (after the shunts failed), horrible infections that take your breath away. I've seen some who are suffering from neurofibromatosis (the condition commonly associated with the movie, *The Elephant Man*), mouth cancers, Tuberculosis, HIV, leprosy and more.

I also record more common illnesses like allergies, fungal diseases of the skin, alopecia, stomach pains, gas, bloating, and hemorrhoids (or, as referred to in India and the UK, *piles*), and menstrual conditions.

Many of the patients have already had plenty of chemo, radiation, steroids and surgery and by the time they arrive at the clinic, their allopathic doctors have often given up.

And so they come into the clinic in little family clusters.

They arrive on crutches.

In wheelchairs.

On stretchers.

In ambulances.

Carried on their loved ones' backs.

There are some who are driven in by their private drivers.

No matter their station in life, they come.

One thousand, two hundred of them to be exact every day, six days *each week*.

Each case is carefully recorded and categorized, including blood labs, MRIs, X-rays, etc., which is added to their data. The Banerjis have been doing this for over a combined 150 years of using **only** homeopathy.



Drs. Prasanta and Pratip Banerji were recently honored by the Indian Government (again). This time with a

commemorative postage stamp. It has yet to be released, but I was able to snap a photograph of their official book presented to them by President Pranab Mukherjee, the President of India. (Lucky for me, Dr. Pratip has promised that I'll get one!)

Yesterday, I observed and recorded 83 cases in the office where I often sit.



The garden view from Dr. Pratip Banerji's office where I sit.

The other side of the office is one

of the waiting rooms

Then there were the other five days of the week before that and last week, too.

Needless to say: Lots o' writing for me.

I take notes the old-fashioned way: pen-and-notebook style.

My hands don't hurt from writing, but if you happen to have a problem with prolonged writing or pecking away at a keyboard all day, then you might be interested in this:

The Banerji Protocol I have for you that has served my clients and students for years is:

[Symphytum 200](#) taken twice daily for cramping, overused hands. If the pain and stiffness are worse in the cold, then add [Rhus tox 30](#) to *Symphytum 200*.

You may also want to consider alternating with [Arnica montana 200](#), and for years, I have further found Ruta to be an excellent remedy for carpal tunnel and stiff, overused hands.

And there you have it. YOU have the ability to restore your and your loved ones' health through the power of homeopathy. Whether you're recording homeopathy methods from afar or peeling potatoes for mighty brood, remember these medicines, potencies, and frequencies, and you'll have one more cure in your bag of tricks.

Warmly,

A handwritten signature in cursive script, appearing to read "Jette".

P.S. Remember when purchasing from boiron.usa.com type in

the discount coupon “joette” at checkout and get a 20% discount.

P.P.S. Want to make homeopathy the needle-mover in your and your family's life? Start a [study group](#) in your home. I provide everything you need to get started.