

Practical Homeopathy® Can Free Us From The Prison of Pain

Sinus headaches
Sanguinaria

Cramping, overused hands
Symphytum

Ear pain during flights
Chamomilla or Belladonna

Joint pain
Rhus tox

Fibromyalgia
Symphytum & Rhus tox

Menstrual pain
Sabina & Mag phos

Hemorrhoids
Hamamelis

Soft tissue injury
Bellis perennis

Leg cramps
Magnesia phosphorica

Pain after surgery
Arnica montana

Knee pain
Arnica

Gout
Natrum phosphoricum

Nerve pain
Hypericum

This is just a peek at the treasured content provided in my course: Make It Stop! When it comes to frequency and duration, a deeper understanding of homeopathic remedies is required, which I offer through my online courses and FREE blogs.

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