

Practical Homeopathy® Can Free Us From The Prison of Pain

Sinus headaches
Sanguinaria

**Cramping,
overused hands**
Symphytum

Ear pain during flights
Chamomilla or Belladonna

Joint pain
Rhus tox

Fibromyalgia
Symphytum & Rhus tox

Hemorrhoids
Hamamelis

Leg cramps
Magnesia phosphorica

Knee pain
Arnica

Gout
Natrum phosphoricum

Menstrual pain
Sabina & Mag phos

Soft tissue injury
Bellis perennis

Pain after surgery
Arnica montana

Nerve pain
Hypericum



This is just a peek at the treasured content provided in my course: Make It Stop! When it comes to frequency and duration, a deeper understanding of homeopathic remedies is required, which I offer through my online courses and FREE blogs.

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