

## Scientific Research Showing the Efficacy of Homeopathy

If you've ever asked yourself where the science is behind homeopathy, you're at the right site! If you've been told that homeopathy is magical or even anti-Christian, don't exit your browser just yet.

Instead, check out this [great new article](#) from [www.naturalnews.com](http://www.naturalnews.com), explaining how, due to water's unique characteristics, homeopathic medicines are in fact, possible and not placebo!

Additionally, the esteemed British medical journal, *Lancet*, has also published two articles reporting the remarkable findings of Dr. David Taylor Reilly. Click [here](#) and [here](#) to read them.

Another great resource is this [amazing story](#) documenting how homeopathy saved millions during Cuba's annual leptospirosis epidemic.

There's more where those studies came from and I've listed many below.

I pass on the torch of self-empowerment. Keep it lit and pass it on. Authentic truths are genuine and meant to be shared for the sake of sharing good.



### ADHD:

- Frei, Everts, von Ammon, *et al.* "Homeopathic treatment of children with attention deficit hyperactivity disorder: a randomized, double blind, placebo controlled crossover trial." *European Journal of Pediatrics*. Vol. 164, No. 12 (2005) Pages 758-767.  
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- Lamont. "Homeopathic treatment of attention deficit hyperactivity disorder: A controlled study." *British Homeopathic Journal*. Vol. 86. No. 4 (1997) Pages 196-200. <http://www.sciencedirect.com/science/article/pii/S0007078597800440>

## Allergies, Inhalent:

- Aitchison, Tom. McSharry, Charles. Reilly, David Taylor. Taylor, Morag A. "Is Homeopathy a Placebo Response?" *The Lancet*. Vol. 328. Issue 8518. (1986) Pages 1272. Print and Online. <http://www.sciencedirect.com/science/article/pii/S0140673686926929>
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- Baldwin, CM. Hili, L. Khalsa, SV. Kim, LS. Messer, SA. Riedlinger, JE. Waters, RF."Treatment of seasonal allergic rhinitis using homeopathic preparation of common allergens in the southwest region of the US: a randomized, controlled clinical trial." *Annals of Pharmacotherapy*. Vol. 39 (2005) Pages 617-624. Print and Online. <http://www.homeoinst.org/node/330>
- Gaus, W. Haeussler, S. Wiesenauer, M. "Treatment of pollinosis with the homeopathic preparation of Galphimia flauca. A double-blind trial in clinical practice. *Allergologie*. Vol. 13 (1990) Pages 359-363. Print and Online. <http://www.homeoinst.org/node/335>

## Cancer:

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- Bartsch, HH., Guethlin, C., Guenther, L., Naumann, J., Rostock, M., Walach, H. "Classical homeopathy in the treatment of cancer patients—a prospective observational study of two independent cohorts." *BMC Cancer*. Vol 11. No. 19 (2011)  
<http://www.ncbi.nlm.nih.gov/pubmed/21241504>

### Childhood Diarrhea:

- Chapman, E., Crothers, D., Jacobs, J., Jimenez LM, Jonas, WB., Malthouse, S., Masuk, M. "Homeopathic treatment of acute childhood diarrhea: results from a clinical trial in Nepal." *Journal of Alternative Complementary Medicine*. Vol. 6, No. 2 (2000) Pages 131-139 ; <http://www.ncbi.nlm.nih.gov/pubmed/10784270>
- Crothers, D., Gale, JL., Glovd, SS., Jacobs, J., Jimenez, LM. "Treatment of acute childhood diarrhea with homeopathic medicine: a randomized clinical trial in Nicaragua." *Pediatrics*. Vol. 93, No. 5 (1994) Pages 719-725;  
<http://www.ncbi.nlm.nih.gov/pubmed/8165068>

### Dentistry:

- Batisti, D. & Mazzocchi, A.R. "Homeopathic Therapy During Impacted Canine Treatment." *Virtual Journal of Orthodontics*. Issue 5.1 (2002)  
<http://www.vjo.it/issue-5-1/ome/>
- Bhat, SS. George, D. Sargod, SS. "Dentistry and homeopathy: an overview." *Dent Update*. Vol. 32 Issue 8. (2005) Pages 486-488, 491. Print and Online.  
<http://www.ncbi.nlm.nih.gov/pubmed/16262037>
- Chopra, Puneet. Chopra, Priyanka. "Homeopathy in Dentistry-An Overview." *International Journal of Contemporary Dentistry*. Vol. 2, Issue 2 (2011). Print and Online.  
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- Farrer, S. Mathie, RT. "Outcomes from Homeopathic prescribing in dental practice: a prospective, research-targeted, pilot study." *Homeopathy*. Vol. 96 (2007) Pages 74-81. Print and Online.

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- Mathie, R.T. & Farrer, S. "Outcomes from homeopathic prescribing in dental practice: a prospective, research-targeted pilot study." *Homeopathy* Vol. 96 (2007) 74-81  
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## Eczema:

- Cavalcanti AMS, et al. "Effects of homeopathic treatment on pruritus of haemodialysis patients: A randomized placebo-controlled double-blind trial." *Homeopathy*. Vol. 92. 2003. 177-181. <http://www.ncbi.nlm.nih.gov/pubmed/14587682>
- Keil, T, et al. "Homeopathic versus conventional treatment of children with eczema: a comparative cohort study." *Complementary Therapies in Medicine*. Vol. 16 No. 1. 2008. 15-21 <http://www.ncbi.nlm.nih.gov/pubmed/18346624>
- Itamura, R & Hosova R. "Homeopathic treatment of Japanese patients with intractable atopic dermatitis." *Homeopathy*. Vol. 92 No. 2. 2003. 108-114.  
<http://www.ncbi.nlm.nih.gov/pubmed/12725253>
- Mousavi, F, et al. "Ignatia in the treatment of oral lichen planus." *Homeopathy*. Vol 98. 2009. 40-44. <http://www.sciencedirect.com/science/article/pii/S1475491608001227>

## Epidemics:

Cuba's study Homeopathic treatment for the annual Leptospirosis Epidemic:  
<http://www.homeopathyeurope.org/news-and-press/news/stunning-cuban-experiences-on-leptospirosis>

## Fibromyalgia:

- Baldwin, C. Bell, I. Brooks, A. Lewis, D. Lewis, S. Schwartz, G. Walsh, B. "Improved clinical status in fibromyalgia patients treated with individualized homeopathic

remedies versus placebo." *Rheumatology*. Vol. 43. (2004) Pages 577-582. Print and Online. <http://www.homeoinst.org/node/387>

## Homeopathy in Europe

- Bornhoeft, G. & Matthiessen, P. (Eds.) "Homeopathy in Healthcare. Effectiveness, Appropriateness, Safety, Costs." Springer Publications; 2012 Edition. ISBN-13: 978-3642206375
- "Homeopathy is being practised in 41 out of 42 European countries. The Legal Situation for the Practice of Homeopathy in Europe", revised report, May 2006, European Council for Classical Homeopathy. Legal Status of Traditional Medicine and Complementary/ Alternative Medicine: A Worldwide Review, World Health Organization, 2001.
- "Homeopathy is officially recognised and included in the national health system in a number of countries within and outside of Europe." Legal Status of Traditional Medicine and Complementary/Alternative Medicine: A Worldwide Review, World Health Organization, 2001

## Homeopathy vs. Placebo

- Moellinger, H., Schneider, R., Walach, H. "Homeopathic Pathogenetic Trials Produce Specific Symptoms Different from Placebo." *Forschende Komplementaermedizin*. Vol. 16 (2009) Pages 105-110  
<http://content.karger.com/produktedb/produkte.asp?typ=fulltext&file=000209386>

## Influenza:

- Beck, E. Belon, P. Bengel, J. Burkard, G. Lehl, S. Papp, R. Schuback, G. "Oscilloccinum in patients with influenza-like syndromes: a placebo-controlled double-blind evaluation." *British Homeopathic Journal*. Vol. 87 (1998) Pages 69-76.  
<http://www.homeoinst.org/node/382>

## Low Back Pain:

- Bonnet, MS., Stam, C., van Haselen, RA. "The efficacy and safety of a homeopathic gel in the treatment of acute low back pain: a multicentre, randomized, double-blind comparative clinical trial." *British Homeopathic Journal*. Vol. 90 (2001) Pages 21-28  
<http://www.altcancerweb.com/homeopathy/treatment-low-back-pain.pdf>

## Muscles Soreness:

- Borchgrevink, CF., Bruseth, S., Norseth, J., Tveiten, D. "Effects of homeopathic remedy Arnica D30 on marathon runners: a randomized, double-blind study during the 1995 Oslo Marathon." *Complementary Therapies in Medicine*. Vol. 6 (1998). Pages 71-74  
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## Oral Surgery:

- Banerjee, A. Robertson, A. Suryanarayana, R. "Homeopathic *Arnica montana* for post-tonsillectomy analgesia: a randomized placebo control trial." *Homeopathy*. Vol. 96. Issue 1 (2007) Pages 17-21.  
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- Carvalho, J.C.T. Ferreira, L.R. Macedo, S.B. Santos-Pinto, R. dos. "Effect of Arnica montana 6 cH on edema, mouth opening and pain in patients submitted to extraction of impacted third molars." *Aerztezeitschrift fuer Naturheilverfahren*. Vol. 46. Issue 6. (2005) Pages 381-387.  
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## Rhinosinusitis:

- Friese, K-H. Zabalotnyi, DI. "Homeopathy in acute rhinosinusitis. A double-blind, placebo controlled study shows the efficiency and tolerability of a homeopathic combination remedy." *HNO/Hals-Nasen-Ohren*. Vol: 55 (2007) Pages 271-277.  
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## Surgery:

- Ahn, M. Benton, A. Mass, C. Seeley, B. "Effect of Homeopathic *Arnica montana* on Bruising in Face-lifts. Results of a Randomized, Double-blind, Placebo-Controlled Clinical Trial." *Archives of Facial Plastic Surgery*. Vol. 8. Issue 1 (2006). Pages 54-59.  
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## Viral Infections:

- Online Article: "Heel Reports that Homeopathic Medications Help Fight the Common Cold." [http://findarticles.com/p/news-articles/wireless-news/mi\\_hb5558/is\\_20110318/heel-reports-homeopathic-medications-fight/ai\\_n57098329/](http://findarticles.com/p/news-articles/wireless-news/mi_hb5558/is_20110318/heel-reports-homeopathic-medications-fight/ai_n57098329/)
- Glatthaar-Sallmueller, B. "In vitro evaluation of the antiviral effects of the homeopathic preparation Gripp-Heel on selected respiratory viruses." *Canadian Journal of Physiology and Pharmacology*. Vol 85. No. 11 (2007) Pages 1084-1090  
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## Women's Health:

- Bentwich, Z. Brzenzinski, A. Kreitler, S. Oberbaum, G. Vithoukas, G. Yakir, M. "Effects of homeopathic treatment in women with premenstrual syndrome: a pilot study." *British Homeopathic Journal*. Vol. 90. Issue 3. (2001) Pages 148-153.  
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- Bordet, M., Colas, A., Marignen, P., Masson, JL., Trichard, M. "Treating hot flushes in menopausal women with homeopathic treatment-Results of an observational study." *Homeopathy*. Vol. 97, No. 1.  
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## Research conducted on the nature of water and homeopathy:

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- Calabrese, E.J. and Blain, R. "The Occurrence of Hormetic Dose Responses in the toxicological literature, the hormesis database: an overview. *Toxicology and Applied Pharmacology*. Vol. 202, Issue 3. (2005) Pages 289-301.  
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- Stebbing, A. "Hormesis—the stimulation of growth by low levels of inhibitors." *Science of the Total Environment*. Vol. 22, Issue 3 (1982) Pages 213-234.  
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### Books on the study of Hormesis:

- Conte, R., H. Berliocchi, Y. Lasne, G. Vernot. *Theory of High Dilutions and Experimental Aspects*. Polytechnica: Paris, 1996. Print.
- V. Gutmann & G. Resch. *Scientific Foundations of Homeopathy*. Barthel & Barthel Publishing: Berg am Starnberger, Germany. 1987. Print