

About Us

Joette Calabrese

My Story and Mission

My Story

You're not alone. I've been where you are.

As a child, I suffered from eczema, allergies, strep throat, otitis media, tonsillitis, conjunctivitis, chronic gastrointestinal pain, gut dysbiosis and antibiotic dependency. So, when I say I've been where you are, it's true. Maybe even worse. I understand pain, anxiety and suffering.

There is hope.

I raised my now-adult children without a single visit to a doctor, using only homeopathy, nutrient-dense meals, and guts, spunk and moxie. I assure you that between my own extensive illnesses, my sons' typical childhood conditions, the clients in my practice and my work in India, I have seen it all. My opinion remains: Nothing has come close to the reproducible, safe and effective results my clients, students and I have achieved with Practical Homeopathy®.

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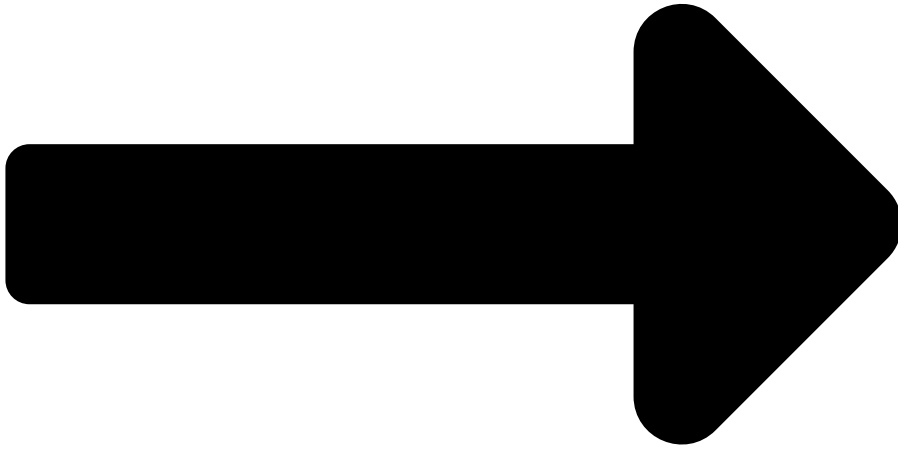






Make Homeopathy Accessible to All

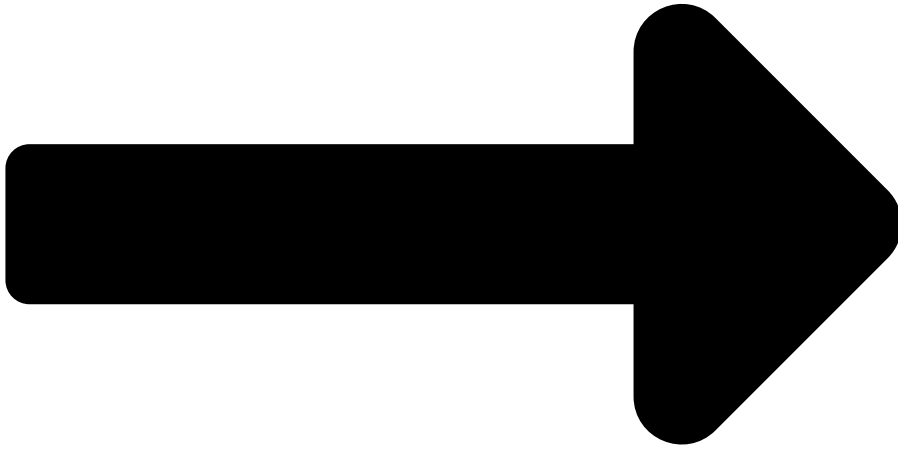
I developed Practical Homeopathy® to merge this effective medical paradigm with modern, everyday life.



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Empower and Educate

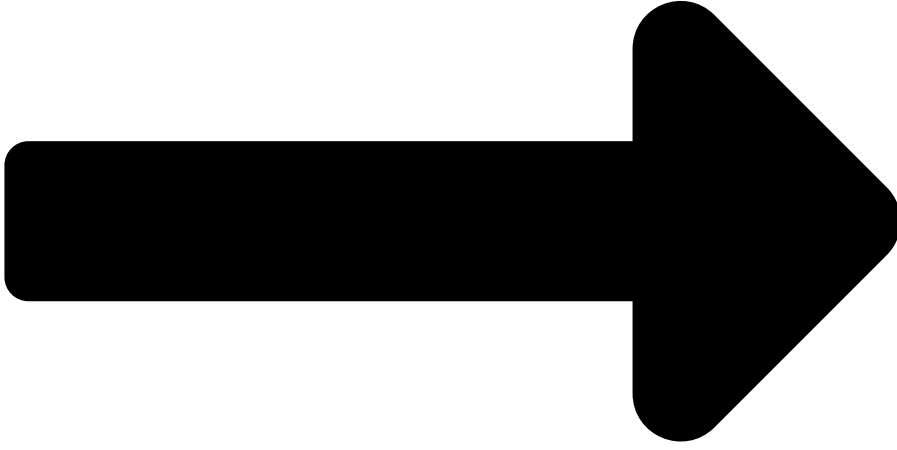
I am passionate about teaching Practical Homeopathy® to everyone who is willing to learn.



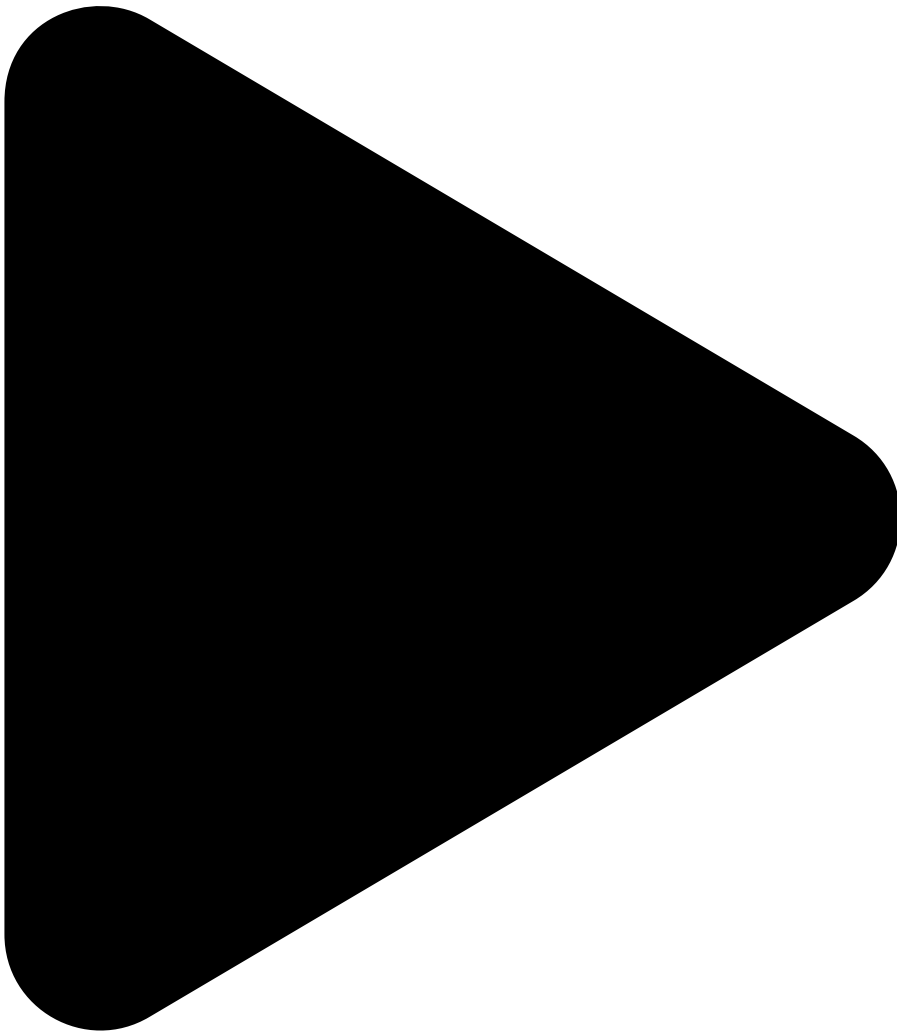
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Build Connections

I've created a network of like-minded people sharing knowledge and providing a life-long support system.



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My Mission and Professional Work

I envision a world where every family has access to natural and effective homeopathic healthcare.

My mission is to to demystify homeopathy by bringing my *Practical Homeopathy*® into the medicine cabinets of every family across the globe and provide them with health care independence.



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Changing Lives: I have taught tens of thousands of mothers, grandmothers, M.D.s, chiropractors, nurses, pharmacists and others.



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Movement for Change: By simplifying homeopathy from a mysterious, esoteric, enigmatic paradigm and teaching practical protocols for modern health challenges, I hope to foster a healthier, more empowered society.



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Lasting Impact Practical Homeopathy® is not mysterious, esoteric or enigmatic. In the hands of a mother, grandmother, dad or other caregiver, it's a powerful, empowering, healing gift that will be passed down through generations.



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Building Futures: My programs, study groups and online resources ensure that anyone can learn and apply homeopathy to foster lasting health. Plus, many students go on to provide financial rewards for their families by pursuing homeopathic teaching or opening a consulting practice helping others. Together, our movement provides healthier opportunities and a brighter future for families through holistic health practices.

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