Shoplifters, Alcoholics and Libertines, Oh My!

I was a presenter at the Weston Price Foundation Conference a few years ago, and as such, I was given a booth from which to sign my books and meet attendees. The table was loaded with my CDs, homeopathy kits and sample remedies. It's not uncommon to have attendees hanging around my table two and three people deep.

It's a blast! I meet folks with whom I've worked on Skype over the years, and I get to encounter the most interesting sorts from around the globe.

On Monday night, after three days of this, my husband, sons and I packed everything up to head home. That's when I noticed that my Hyland's Homeopathy Kit, which carries 29 remedies, had one remedy missing.



I figured I must have misplaced it when demonstrating how remedies work, but nowhere on the table did I find it.

My family had no idea either.

That's when I decided to look and see which remedy was missing. When I saw it, I knew exactly what had happened.

The bottle of *Nux vomica 30* was gone.

If you know anything about homeopathy, you might know that there are remedies that are specific to personality traits, especially flaws, and *Nux vomica* is the remedy used when

someone has kleptomania!

It also covers oncoming colds, and, if taken early enough will abort a cold within hours. *Nux vomica* also has the ability to help with nausea and diarrhea after a night of decadent drinking or eating and is reputed for righting the wrongs inflicted by poisons of sorts.

So, someone stole my bottle of *Nux vomica* 30 – probably for an oncoming cold or the previous night of debauchery.

I have a confession to make. For the first time in my homeopathy career, I had a wish that it wouldn't work!

Somewhere, walking the halls at the Hyatt in San Diego, a kleptomaniac with sniffles, diarrhea and perhaps a hangover was prowling with my bottle of *Nux vomica* in his pocket.

It was likely I'd never spot him because if he took it enough times that day, his illness would no longer show evidence.

How sardonic. The bottle cost no more than about $7, but that is not the point when it comes to people who have this compulsion. Instead, it's about taking something from others.

So, of course, this begs the question of whether or not, by taking a few doses of *Nux vomica*, the person would be cured of his psychological urge.

More on this later.

For now, let me offer another story. When my children were very young, I used to teach homeopathy to groups of mothers in my local area. One of the first remedies I wanted moms to learn was *Nux vomica*.

As always, I taught that it is used when someone has not

only a cold coming on but for over-doing life.

For example, a child who had too much candy on Halloween and got a sick stomach. Or for someone who stayed up too late and was unable to have a normal bowel movement as a result. Also, and this is my favorite because it is so powerful for those suffering from this lifestyle, *Nux vomica* 30 can be used for a hangover, either from drugs or alcohol; in fact, any substance.

I explained that usually, it takes repetition of its use for at least a few days to act in the case of someone who takes prescription drugs etc.

Months after teaching this class, one of the mothers in the group, Claira, who had missed several previous meetings, could barely contain herself. She wanted to share her story of success after using *Nux vomica* 30 for her husband's friend.

Apparently, this friend was an alcoholic and had too much to drink at her house shortly after the *Nux vomica* class.

He was worried about his wife knowing that he was drunk again and about getting to work the next day, so this woman offered him *Nux vomica* 30 to help with the after-effects of his consumption.

The morning after taking the remedy, he went to work, as usual, only this time without the usual hangover. Later that day, he called to ask her what those little white pills were because he wanted his own bottle.

A few weeks later, he called again. This time to tell her that he had been taking the pills daily, and he had not had a drink since that night at her house. The best part is, he didn't have any desire to either!

“This is a miracle!” he declared. Claira’s husband nodded in agreement.

Claira explained to our group that until this time, there was not a day that went by that he didn’t end without a belly full of beer. His wife was on the verge of leaving him, and his job was at stake.

But now that was changed. He shared with her that, although his intention was to simply not suffer a hangover on a day-to-day basis, he felt so well after taking the little white pills, he decided to continue.

They had done much more than any of them had estimated.

So was he cured of his drinking habit? Can homeopathy cure such social ills? Let me give you a resounding YES! This man inadvertently did just that.

Dr. Roger Morrison, in *The Desktop Guide to Keynotes and Confirmatory Symptoms*, lists *Nux vomica* for breakdown from substance abuse and notes its significance in its antidoting effects for a simple hangover.

More importantly is the following in a book I found in the archives of the State University of N.Y. at Buffalo, from when Buffalo had three homeopathy hospitals within its city limits.

Homeopathic Treatment of Alcoholism, by Dr. Gallavardin, published in 1890, spends nearly the entirety of his treatise on the importance of *Nux vomica* for this particular substance abuse.

He advises that there are other homeopathic medicines that he used to cure alcoholism, but *Nux vomica* was the most important to consider.

In both cases I present here, to be certain that the effect is enduring, the remedy is often best taken twice daily for a few weeks, and after stopping its use, if the compulsion returns, to take it up again for another round or two.

I'll never know if the shoplifter in San Diego was reformed with my bottle of *Nux vomica* because I don't know whether he continued the use of the remedy long enough to have an effect on his behavioral condition.

Nor do I know that the man with the drinking problem has rehabilitated his ways permanently.

What I do know is that *Nux vomica* and the thousands of other homeopathic medicines have the remarkable ability to transform people and their lives. Even in the most unexpected ways.

And, with a little knowledge, can help keep it that way.

Join me in this revolutionary medicine and make your mark with cures such as Claira did – or even the scoundrel at the conference.

But buy your own bottle!