

21 Top Remedies You Need to Know to Protect Yourself and Family

Want a quick reference for the uses of the main homeopathic remedies for injury cases? For the sake of those who aren't clear on homeopathy's role in medical practices throughout the world, allow me to declare its sterling reputation. Homeopathy was counted upon by American Civil War surgeons, WW1 and WW2 camps and is the mainstay of homeopathic emergency rooms throughout the world.

The following remedies, used in medium to high potencies, work best for those who are familiar with homeopathy. They should be repeated every 15-30 minutes in severe situations and more infrequently as the pathology becomes less serious. There is nothing wrong with continuing the course of action for a week or even longer, as long as symptoms remain. Here is a short list of the best remedies and their indications to have committed to memory and to have on hand:

1. Bitten	<i>Ledum</i>	12. Infected	<i>Arsenicum iodatum</i>
2. Bled	<i>Vipera</i>	13. Inflamed	<i>Ferrum phos</i>
3. Burned	<i>Urtica urens</i>	14. Lacerated	<i>Hypericum</i>
4. Bruised	<i>Arnica montana</i>	15. Punctured	<i>Ledum</i>
5. Contused	<i>Arnica montana</i>	16. Poisoned	<i>Arsenicum</i>
6. Dislocated	<i>Arnica montana</i>	17. Suffocated	<i>Carbo veg</i>
7. Exerted	<i>Rhus tox</i>	18. Shocked	<i>Aconitum</i>

8. Electrocuted	<i>Phosphorus</i>	19. Stung	<i>Ledum</i>
9. Fatigued	<i>Bioplasma</i>	20. Over indulged	<i>Nux vomica</i>
10. Impaled	<i>Hypericum</i>	21. Slivered	<i>Silica</i>
11. Incised	<i>Calendula</i>		

The more serious the situation, the higher the potency needed of either Arnica or Aconitum. For example, if someone has had a concussion of severity, on the way to the hospital, a 1M potency would be advisable. Offer it every 15 minutes or more until consciousness is restored. If instead, it's only a mild head injury Arnica 30 will often do the trick when offered every 15 minutes or so. You would use a 200 potency for a moderate injury.

The less experience you have, the more important it is to stay with lower potencies such as 30c or 30x. Homeopathy is safe when and only when utilized properly. So I entreat you to learn as much as you can and when you're finished, learn a little more. If you're unsure, call us for a consultation. We're always in the ready.

Twenty-one fine remedies, each with its unique ability to address their corresponding ailments. If you want to learn more of these and how to own, use and know them cold, go to ["Perform in the Storm; A Homeopathic 1st Aid" download.](#)

The homeopathic treatment of injuries is rational, intelligent and safe. There are no side effects, no addictions and best of all; they get to the essence of the crisis. Get a handle on your understanding of the use of homeopathy. It could be the solution you're looking for when life's calamities get too big. Tiny pills, miniscule dilutions, hefty results...homeopathy.

Ask us about our homeopathy kits. We have a first aid kit, a general home use kit in 30 potencies as well as 200 potencies

available at our office. Then get started!