Natalie Brooks – Lincoln, Nebraska

I just want to tell you that I have been giving my husband your remedies for mold and mildew allergies …I have been giving him sabadil, nat sulph and arsenicum alb. He was already taking the calcarea carbonica every other day as suggested in your post on chronic allergies so have continued that also since you said need to take that a long time. Just want to let you know after doing this for the last 10 days he is feeling better!! More energy..less muscle soreness..less brain fog and lethargy!! He is quite encouraged…me too!!!Thank you for your help!!!