

Janet Blair, New York

After returning home from a long flight I got the flu, as well as a respiratory infection. It's been so long since I've been sick that I had only taken along remedies for jet lag "just in case". Not even thinking getting sick was something I had to "pack for" or even expect. But flying is taxing on the body.

So, I thought I'd let this bout run its course and just let my body "re-coop". But after a week, the 'outa balance' and croupy cough was dragging on.

I spoke with Joette who reminded me of 2 remedies. I took them and as is often the case with homeopathy, within hours I felt remarkable relief. My ears felt better, the vertigo subsided and cough didn't keep me up that night. That's pretty awesome. Thanks Joette!