Donna Greco, Saugerties, New York

I’m a physical therapist and last year had a trigger finger in my thumb. That means I couldn’t bend the left interphalangeal joint without intense pain. Even if I could withstand the pain, I couldn’t use my thumb and forefinger to grasp because it seized up. Needless to say, it interfered with my ability to work. It was like this for over 3 months.

Out of desperation, I went to the doctor and let him give me a cortisone injection. OH MY GOSH, was that painful! He told me I would get full relief within 24 hours. Three weeks later, no change in the pain and flexibility…not even a small amount.

I was angry with myself for letting him talk me into such a procedure. I guess I did it because I didn’t believe homeopathy could help with such a thing. Boy, was I wrong!

After meeting with Joette, I learned that Rhus tox is commonly used for trigger finger and so I took it right away. Within 2 days, I could move my thumb and over a period of about 10 days, the pain left completely….never to return!

While I was suffering from this, I couldn’t work and was just about useless in cooking and most other tasks. Now I’m in full swing and have had no residual problems in the last year.

Wait! There’s more. I’ve suffered from hypothyroidism for years. My doctor told me I should be on Synthroid. No thanks, I said. Have you read the side effects?

Once again, Joette and homeopathy came to my aid. I started Thyroidinum and within about 2 months, my energy returned, my weight began to drop and I was no longer cold all the time.

What I’ve learned from my beloved Joette is worth millions.