

Joette Says...

Fingers crossed. Let's hope the economy recovers this year. Here's a suggestion that might help your pocketbook now and in the long haul. Learn how to use a little homeopathy. I don't mean drop what you're doing and return to school. I'm suggesting taking more control of your health and finances by treating your family with simple inexpensive remedies. Arnica montana for bruises, Belladonna for ear infections and fever, Mag phos for cramps. Fewer co-pays. No expensive meds. There's nothing more empowering than taking control of your healthcare. It's intelligent, rational and offers big dividends. Homeopathy is economical medicine.

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