

Dog Days



Yes, yes ... seems as though everyone in the Northern Hemisphere has been perspiring their way through the Dog Days of Summer.

But today, I'm not talking about *those* dog days. Today, I want to share an inspirational success story involving an adorable pup named Odin and our friends who own him.

Because when you own a dog, every day is a dog day!

And that brings me to little Odin. (Isn't he adorable?) He howled and cried whenever his people, Amanda and Jeff, left

him. It was heartbreaking ... for all of them.

As a nurse, Amanda knows that homeopathy works and works well, so she's an astute reader of my blogs.

Rather than complicating her assessment of Odin's freakouts, she kept it simple. What do I mean by "simple"?

In homeopathy, we don't want to bring assumptions into play. Many people might think Odin was neurotic or prone to panic attacks. "Oh, it must be his breed." "Oh, it must be his age." "Oh, it must be that he's afraid of the silence."

When choosing a homeopathic medicine, we must resist the temptation to interpret the symptoms! There's no room for "Oh, it must be ..." assumptions. We have to distill the condition down to its simplest components and just look at precisely what it is.

In this case, it was a simple equation. "When we leave, the dog doesn't like it." That's it! Nothing more. It's a clear case of Odin crying, "Don't leave me. I want to be with you!"

Separation anxiety is generally a call for *Pulsatilla nigricans*. I've already discussed Pulsatilla as a must-have medicine in any well-curated homeopathy kit for [fake-dairy intolerance](#). But as I say in [A Materia Medica: Practical Homeopathy® for Busy Families](#), *Pulsatilla's* "primary classical characteristic is the need for love and affection."

That's it. Little Odin needed his people's love and affection. So, Amanda knew he needed the safe, polite, gentle nudge homeopathy could provide, and she gave him [Pulsatilla nigricans 30](#).*

In her words: "We've been using *Pulsatilla* for about two months now and give him one dose every morning. It has

helped with his separation anxiety tremendously, so much that other people have noticed and have asked what we've done to change his behavior!"

Look at that, my friends. *Pulsatilla* aborted the whole thing all because Amanda paid attention to the homeopathy facts and philosophies I've shared in my blogs.

You can do this too! My blogs and podcasts provide a wealth of information – for free. And when you're ready to learn more, check out [The Learning Center](#), where you will find information on my popular condition-specific protocol courses. There's even a [Course Selector](#) to help determine which course best matches your family's needs. And until you're ready to take that deeper dive, you'll also find a [free Resource Library](#) with additional useful information from various sources.

No matter what path you choose to take, just keep learning and stay curious, my dear readers. Then pass on the good news of homeopathy!

Warmly,

A handwritten signature in black ink, appearing to read 'Jette', with a large loop at the bottom.

*Remember that *Pulsatilla* is a medicine and should not be given indefinitely. We generally use a medicine for a few weeks and then reassess.

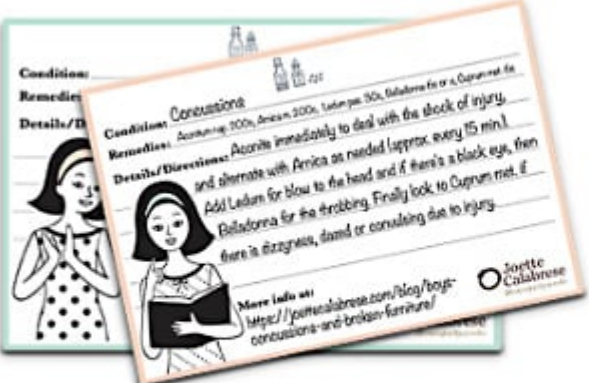
We reassess by looking at what symptoms and conditions remain, if there's been an improvement and, if so, to what extent. According to our findings, we either halt the medicine (because its job is done) or carry on

because there's still plenty more work to be completed.

One of the most important ways to determine if a medicine has done its work is to halt the medicine and see if the suffering returns. If it does return, we can either begin utilizing the medicine again – less frequently (such as every other day instead of twice daily) – or carry on for another few weeks while always observing.

The same principle applies to pooches or people.

P.S. My friends, the perfect place to begin your journey into this healthcare paradigm is through the [Gateway to Practical Homeopathy®: A Guided Study Group Curriculum](#). Learning with others – sharing experiences – is the fastest way to garner knowledge for yourself, your family, and even your larger community. Once you know how efficacious homeopathy is, you won't be able to keep it a secret! Join our movement. Let my curriculum take you by the hand and raise your understanding to the next level!



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