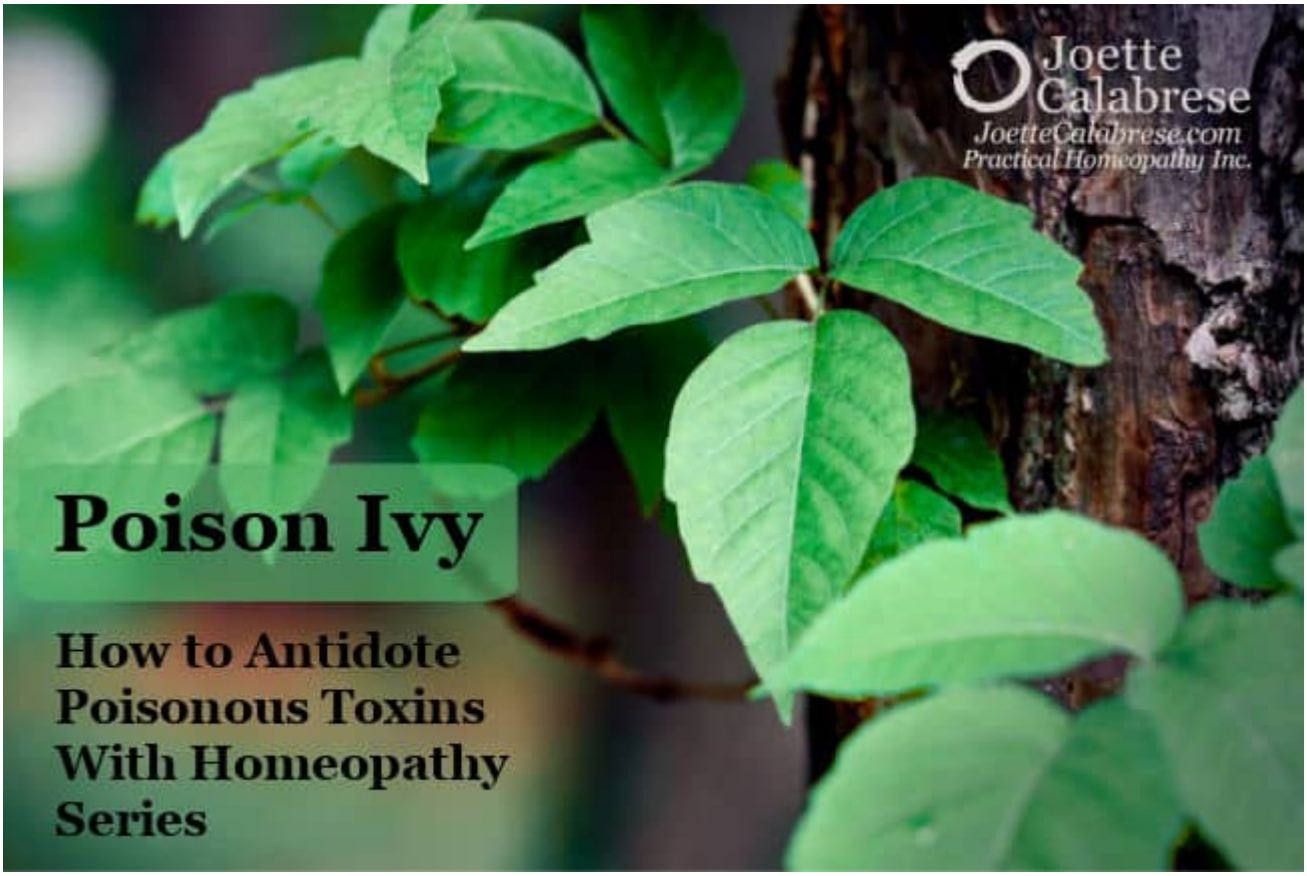
10. Poison Ivy: How to Antidote Poisonous Toxins With Homeopathy



“Look at this beautiful vine!”

Just look. Don’t touch!

A too-close brush with poison ivy can ruin your whole day, week and even a month or more. Poison ivy can cause anything from a menacing eruption to an illness of chronic proportions.

First, set your foundation.

If you missed the introductory and background information I previously provided, click here to read it before proceeding to the rest of this series.

Why? Understanding the methodology behind utilizing homeopathy to antidote a poison or toxin is equally important as knowing which condition-specific homeopathic medicine to consider.

Poison ivy? Think *Anacardium*.

One of the most common remedies for poison ivy is *Anacardium orientale* 30C. When administered every four hours for several days, the itching is often relieved, eruptions minimized, and the entire ordeal shortened.

There are other homeopathic medicines to choose from when afflicted with this scourge, and the correct choice can also depend on the location of the eruption as well as the nature of the pustules. If no improvement is observed after giving *Anacardium* 30 due time to act, I suggest you consider pivoting by trying a different medicine. You can find the most likely candidates in my previous blog post, The Perils of Summer: Poison Ivy and Poison Oak.

Now, if none of those do the trick, then I recommend you contact a Practical Homeopath™ for a consultation. They can choose a medicine that is more specifically suited to your overall picture.



A prophylactic for repetitive sufferers.

Many people suffer from poison ivy yearly. Some are so sensitive to the plant that even *proximity* causes a problem.

Homeopaths have seen encouraging results utilizing the following prophylactic protocol: Four doses in one day of *Rhus toxicodendron* 30 at the onset of the season to help minimize the intensity of the exposure.

This protocol should be repeated once a week for a month.

Interestingly, *Rhus tox* is made from poison ivy. We don't often use the homeopathic version of the gross substance from which the condition originates. However, this is an exception when those who are exquisitely sensitive to poison ivy use homeopathy prophylactically.

Learn more from my Monday Night Live.

For years, I have been sharing my knowledge live on various social media platforms every Monday night at 8:00 p.m. ET. I began on Facebook, and I now simulcast to YouTube, X (formerly Twitter), Rumble and Instagram.

Of course, my Mighty Members participate through the Joette's Mighty Members site, their own private enclave securely hosted on my servers. After the public presentation concludes, I continue on with my Mighties to answer their questions and offer a little more candid take on the topic. (It's but one benefit of being Mighty. Consider joining us!)

Last season, I featured this topic in one such Monday Night Live episode: 06-17-24 Poison Ivy [Practical Homeopathy®]. I encourage you to listen for a more well-rounded discussion.

Do toxins scare me?

In a word? No.

I used to think "detoxing" was a worthwhile pursuit. I doubt

there’s a detox program out there that I haven’t heard about from one of my clients or tried myself. Trust me, I’ve tried most of them!

However, most of them increased my stress levels and contributed to neurotic thinking, yet they did little to improve my health. Most of these detox regimens make life more complicated and more difficult. And ultimately, they don’t work the way we hope they will.

I believe that homeopathy is a superior medicine when it comes to achieving our health goals without the stress. Homeopathy works!

A free infographic on toxins.

To provide you with the knowledge that true solutions do exist to counter the ill effects of poisons, toxins and other substances that can create unwanted reactions, I created my course, Rethinking Detox with Practical Homeopathy®: How to Stop Stressing About Toxins and Fearlessly Achieve Health the Simple Way.

I also designed an accompanying infographic, titled “Toxins Don’t Scare Me Anymore!,” which lists eight common toxins and their corresponding homeopathic medicines. Click here to download your free copy and watch a short informative video about the course.

My series on poisonous toxins is complete. (Or is it?)

With that, we have reached the end of our series, “How to Antidote Poisonous Toxins With Homeopathy.” However, I’ve read your comments on each and every one of my blog posts. You’ve submitted some queries regarding other potentially toxic substances and poisons. So, I have kept a list, my friend. I’ll be addressing many of your additional topics over the coming months.

For now, here's a list of substances that we've covered that can cause toxic effects in the body.

1. Cigarette smoke – *Natrum muriaticum* 6X
2. Carbon monoxide – *Carbo vegetabilis* 200C
3. Paint Fumes – *Arsenicum album* 30
4. Pesticides – *Arsenicum album* 30C
5. Medications – *Nux vomica* 200C
6. Bee venom – *Ledum palustre* 200C
7. Food poisoning – *Arsenicum album* 30C
8. Alcohol overuse – *Nux vomica* 200C
9. Sugary overindulgence – *Nux vomica* 30C
10. Poison Ivy – *Anacardium orientale* 30C

Be sure to read the accompanying posts for each substance for more specific information. Again, if you truly want to comprehend homeopathy better, there are no shortcuts to education!

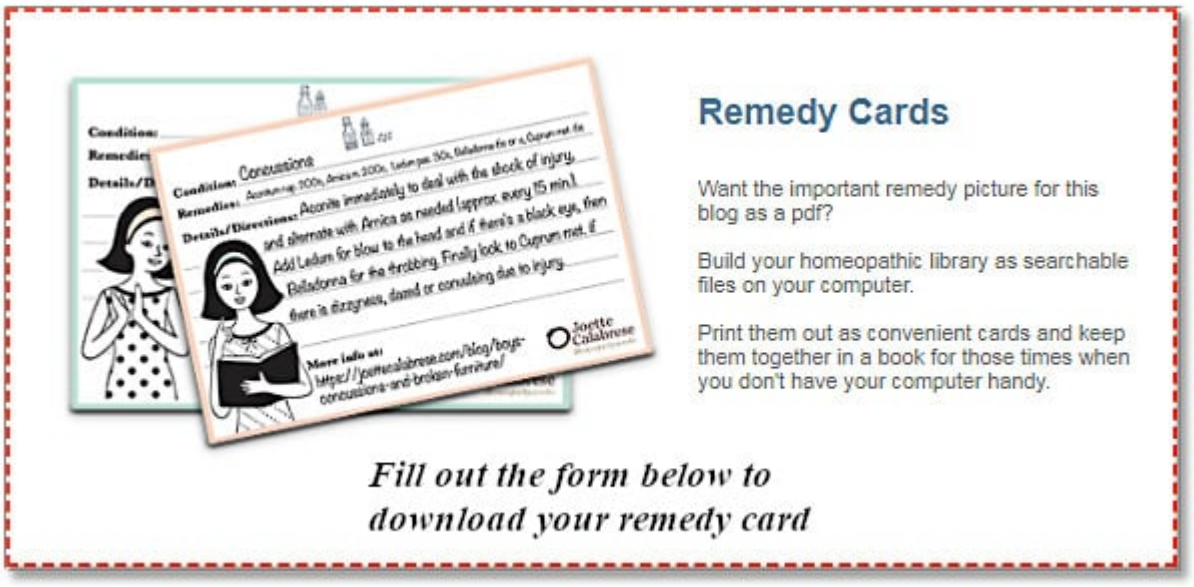
Pass on the good news of Practical Homeopathy®!

Warmly,



P.S. In answer to numerous requests, my social media updates are now featured on TikTok!

Unfortunately, my Monday Night Live events can't stream live on TikTok until I have more followers. Help me reach a whole new demographic by following me. Once my account reaches a critical mass of followers, TikTokers will be able to join my MNL events live, too.



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