Pelvic Organ Prolapse



As I discussed in greater detail with my Mighty Members last week, I endeavor to write blog posts with broad appeal to both women and men. However, at times, I get so many questions on a gender-specific topic that I feel I should address it.

Such is the case with women's pelvic organ prolapse. I notice this question pop up quite often in our social media forums, and I even received a question about it on my recent Update: Hernias and Homeopathy article.

So, first, let me say that generally, most people believe a strong pelvic floor will prevent pelvic organ prolapse. But I have found that, more often than not, a prolapse is related to hormonal issues in women entering, going through and finishing menopause. And all the Kegels in the world won't address those hormonal fluctuations.

Now, in homeopathy, we don't treat the hormones directly. Instead, we address the *conditions* that the hormone issues lay at our feet, so to speak.

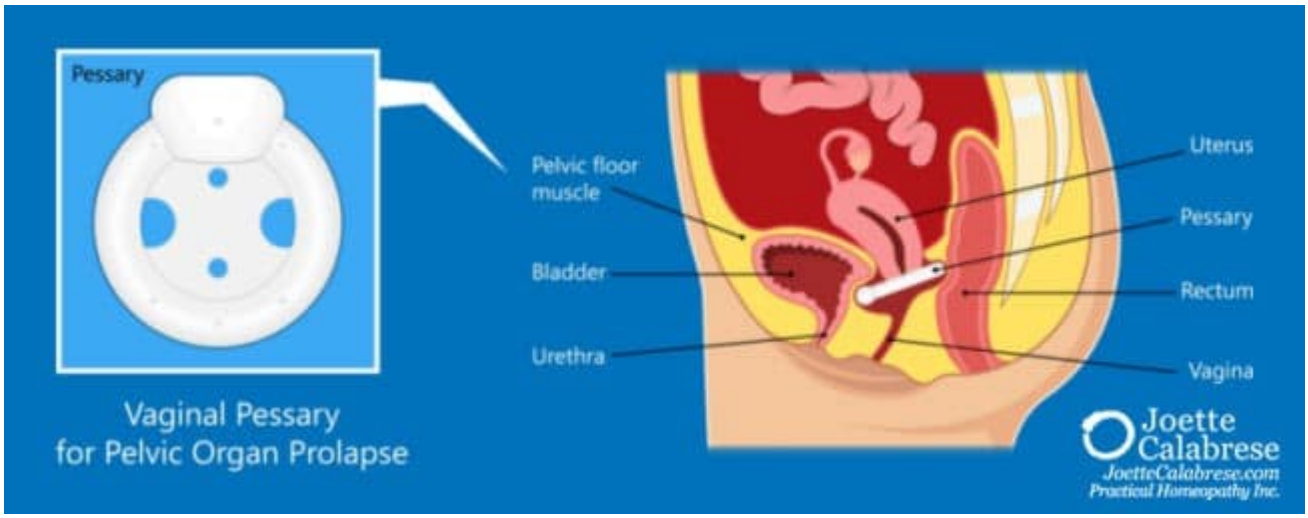
If a prolapse were to begin, I would turn to one of our best little hormonal remedies, *Sepia 200* – in this case, taken once every third day.

I have often used this in my practice and seen results running the complete gamut. For example, I've witnessed Sepia 200 completely resolve a prolapse, and I've seen it do nothing at all. But in most instances, the results lie in the middle between those two extremes.

The proper use of *Sepia* 200 can decrease the prolapse to the point that there is no longer any bleeding, no aching or pain, and no continued feeling as though one can't stand or lift without risking a total "gravity" disaster!

I consider that outcome a success because it gives the quality of life back to the sufferer. Now, of course, as with anything that we have a propensity toward, we can't pretend we're Superwoman just because we have the prolapse under control. I'm not suggesting we can lift a piano or enter a pogo stick competition right away! But with a little common sense and a $15.00 tube of *Sepia 200*, an individual can get her life back!

As an aside, this is also one of those subjects for which modern medicine can be helpful. Certain prolapse conditions can be controlled with a pessary – a removable device inserted vaginally to support the prolapsed organ or tissue (see photo below). No surgery. No drugs. Just a removable device fitted especially for an individual's unique body type and gynecologic condition.



Isn't that exactly what we wish to receive from our conventional doctors more often … the least invasive solution possible?

But – and I'm sure this comes as no surprise – I would start with homeopathy. *Sepia* 200 remains the best homeopathic choice! I consider *Sepia* to be one of the most valuable remedies for all women, so learn as much as you can about it! I've previously taught about a few of Sepia's other merits in my blog post, Strong Enough for a Woman: The Ultimate Remedy for Us.

If you want to learn even more about this condition, it's contained in my course, Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy. In the course, I discuss not only *Sepia* for pelvic organ prolapse, but I also give a second- and third-line protocol for this condition.

Before I sign off, let me clarify that I would not use *Sepia* willy-nilly in an attempt to prevent organ prolapse. No, no, no. That's not the way homeopathy generally works. However, should a prolapse become evident, *Sepia* 200 is the sufferer's best bet!

You'd be surprised how many women need this information but don't even realize there is a solution! So, pass on the good

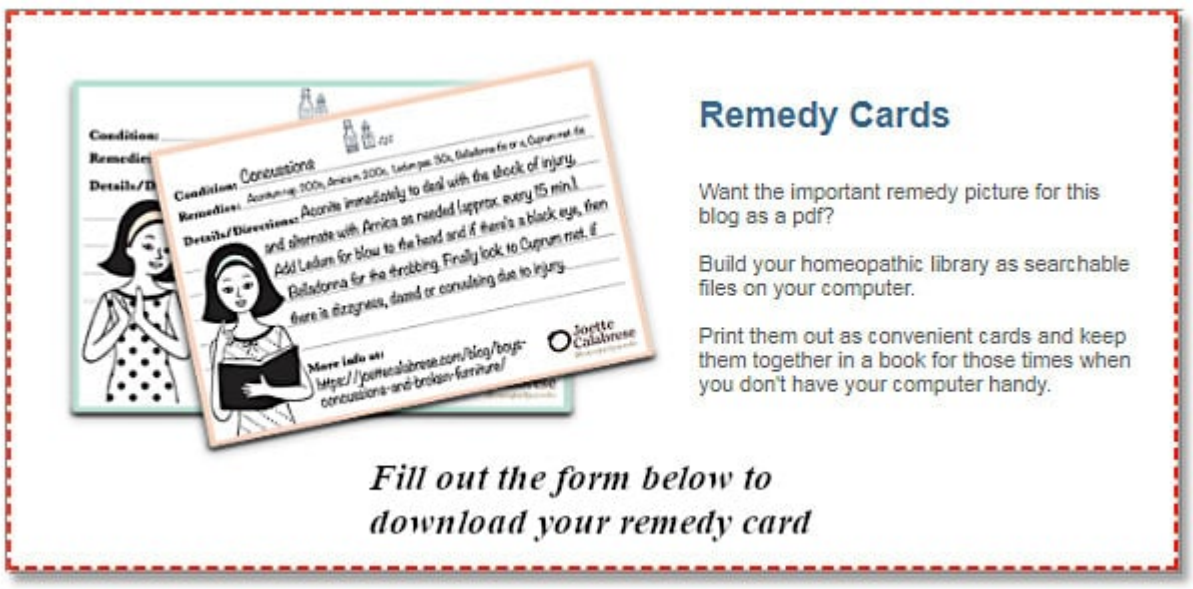
news of homeopathy!

Warmly,



P.S. In Feminopathy, I also cover a myriad of women's concerns, such as pelvic inflammatory disease, urinary incontinence, cystitis, issues with menses (in all ages), infertility, pregnancy, labor, breast pain, varicose veins … the list seems endless. I believe that you'll find Feminopathy to be an extraordinary value.

And remember – all of my Mighties (Joette's Mighty Members) qualify for a 10% discount on course purchases. If you need assistance getting your discount, email contact@practicalhomeopathy.com for more information.



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