

I'm Bad

I'm just here to confess something ... I'm bad.

I'm naughty.

And I like being this way.

Why am I bad?

Because I don't comply with the rules of modern medicine nor even most complementary medical methods.

I don't get mammograms, colonoscopies, pap smears, flu vaccines.

I don't wear sunscreen.

But the biggest "bad" I engage in is homeopathy. Listen and let me tell you that being bad might be deviant, but it sure is fun.

And learn about two remedies that just might improve your life as they did for me.

1:30 Sinus headaches – *Kali bichromium*

1:45 Fibromyalgia – *Rhus tox*