

Get Your Kids High: Fever Is Good



I chose this photo because everyone equates a thermometer in the mouth to a fever. But, I say, "ditch it!"

Put down the Tylenol.

Don't touch that antibiotic.

You can do this on your own!

Fever is not a bad word. It is your friend.

In fact, it's the mechanism that the body has intuitively designed to cook off illnesses such as the flu, colds, ear infections and the like, and it serves an important purpose because it is the body's way of curing the illness.

Did you hear me?

Fever is the body's way to *rid* us of illness.

Then why eradicate the cure by administering a synthetic drug, such as Tylenol, aspirin and the like?

Certainly, we don't want our child to suffer needlessly, but by employing patented drugs to suppress a fever, we're chemically forcing the body to stop treating itself with its natural promise of resolution.

What Some (**Good**) Doctors Say

In the words of my all-time favorite pediatric hero Dr. Robert Mendelsohn in his book, [*How to Raise a Healthy Child in Spite of Your Doctor*](#), "There is a common misconception that the height of body temperature is an indication of the severity of an illness ... Research has shown that more than half of all parents consider a fever high at levels between 100-102. And almost all believe it is high if it reaches 103 degrees. These parents are also convinced that the height of a fever indicates how sick their child is. This emphatically is not the case. Knowing the level of your child's fever will tell you nothing of how sick he is or if the fever is produced by a viral or bacterial infection. There's nothing to be gained by measuring its climb and by doing so will only magnify your fears and upset the child. Even a temperate of 105 need not be a cause of concern."

Even Dr. Sears is quoted on his site regarding normal childhood illnesses as saying, "Fevers are not serious. Many parents have a misconception that fevers are a bad thing and a sign that there is some serious underlying illness. This simply is not true. Fever is a normal and healthy response of the body to an illness. The body's immune system releases chemicals that raise the body temperature. This is part of

the normal infection-fighting process.”

Dr. Thomas Cowan, M.D. has made it clear during his presentations at the Weston A. Price Foundation conferences that fever may be instrumental in warding off the potential of cancer in the future. He elaborated that in every case in which the child is allowed to present a nice high fever, it potentially inadvertently protects from cancer later in life.

The real concern during fever is dehydration.

So, make sure your child is drinking plenty of water, bone stocks and eating popsicles.

“Yeah but ...”

No matter how many times I explain this, many parents just can’t believe this information could be true.

That’s when I offer the following:

[Ferrum phos 6X](#). It’s the remedy that aids during any inflammation and may help the child get over the illness in a shorter amount of time and step into full bloom again with fewer accompanying symptoms.

Or you may employ the Banerji Protocol of [Eupatorium 30](#) mixed with [Belladonna 30](#), every 3-12 hours, depending on severity. If you don’t have this remedy pre-mixed, purchase them separately or in kits and administer them simultaneously.

Remember, homeopathy has a reputation for NOT suppressing illness; just allowing it to complete sooner and more genuinely.

As Dr. William Osler (a founding director of Johns Hopkins) is reported to have said, when commenting on pharmaceutical

drugs, "The person who takes medicine must recover twice, once from the disease and once from the medicine."

So, here's a better way.



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