Discover *Lachesis:* A Versatile Homeopathic Medicine for Hot Flashes



Take a quick look at your well-curated homeopathy kit. Is *Lachesis mutus* in there?

If not, it should be, as *Lachesis* is a versatile homeopathic medicine, especially for women around menopause.

In my blog posts, I've spent the last year or so discussing over 50 homeopathic medicines that deserve a spot in your well-curated home inventory. But let's add *Lachesis*, shall we?

Lachesis mutus

In the past, I've taught *Lachesis mutus* for several conditions. So, let's review:

- To combat flu symptoms in the lungs: https://joettecalabrese.com/blog/ferocious-flu-fears/
- For palpitations, angina and breathlessness: https://joettecalabrese.com/blog/heart-warming-homeopathy-for-angina/
- For palpitations and angina, especially during menopause: https://joettecalabrese.com/articles/wtfall2014/
- To help uproot asthma: https://joettecalabrese.com/blog/four-homeopathic-medicines-for-asthma/
- For hemorrhagic fevers: https://joettecalabrese.com/blog/bioterrorism-epidemics-knowing-homeopathy-can-help-make-world-less-scary-place/

That's impressive versatility for one homeopathic medicine, wouldn't you say? I mean, technically, I think I could say, "Pass on the good news of Practical Homeopathy®" and call it a day.

However, that would be ignoring one of the most common uses for *Lachesis*: menopausal hot flashes.

Hot Flashes

Can a human being spontaneously combust? Well, I'm not sure that it's ever actually happened, but ask any menopausal woman, and they'll answer with a resounding, "YES!"

Hot flashes have been described as being drenched by a boiling water sprinkler, dipped in hot oil or swallowing a flare. No matter one's analogy, they are generally perceived as miserable.

I've written on this condition before in Death, Taxes and Menopause. Generally, *Lachesis mutus* 30, when employed twice daily until very much better, has been shown to rebalance menopausal hot flashes.

But it's not the only medicine we could choose! Here are discussions of two other homeopathic remedies for symptoms associated with menopause:
It's Our Day: Mother's Day!
Is It Hot in Here? Sulphur and Hot Flashes

So, how does one choose between them? Well, I have one more *Lachesis*-specific symptom to share.



My friends, *Lachesis* is an excellent choice for hot flashes, especially when throat sensitivity is included in the total picture of menopausal symptoms.

For instance, ever since menopause, if the slightest thing contacts Kathy's throat, she feels like she's choking. Even though there's no threat of actually choking, Kathy is overwhelmed with the sensation. She needs to have that area of her neck exposed instead of covered up. A scarf drives her mad. And forget about a turtleneck. Kathy can't bear the discomfort of a turtleneck around her throat – no matter how loose fitting it may be. Even just touching her throat can

be agitating.

While this quite specific symptom need not be present to choose *Lachesis* to combat menopausal hot flashes, it certainly would serve as a corroborating piece of evidence to defend our choice to employ this medicine over others.

Practical Homeopathy® for Women's Issues

Ladies, many homeopathic medicines are well-suited to women's issues. That's why I created my course, Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy.

We always think of our families first. It's how we're built. However, sometimes, we must prioritize our own health to be better equipped to help our ailing family. Indeed, just as the flight attendants tell us, it's critical that we put on our own oxygen masks first before we can help others.

Practical Homeopathy® is so gentle yet powerful. Once I learned how to use it for my own health conditions, my entire family benefitted from my newfound approach to autonomous health care. This robust medicine is why I could raise my three boys to adulthood without their consuming synthetic, side-effect-laden drugs of commerce.

So, now I'll say it: Pass on the good news of Practical Homeopathy®.

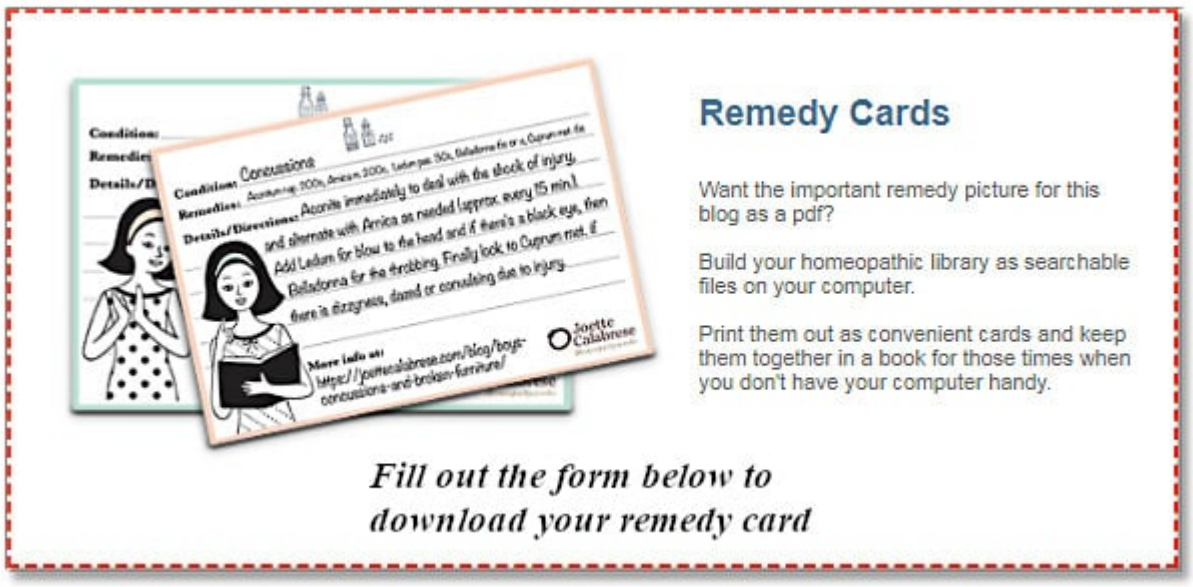
Warmly,



P.S. Remember, all my Mighties (Joette's Mighty Members) qualify for a 10% discount on course purchases. Plus, Mighties receive my weekly, more candid Memo to Mighty Members, a bi-monthly exclusive video in which I teach a short lesson or give food for thought, a searchable Monday Night Live archive, and much, much more. If you're not already a member, won't you join us?

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