

“Devil” Kitty?



How could a fluffy, sweet little kitten ruin your life? Well, if you have allergies, you know exactly how! Itchy eyes, roof-of-your-mouth irritation and a constant runny nose – it can be Hell on Earth!

While some people seem to be allergic to everything from day one, many find that they are “newly allergic” to all kinds of agitators. You may have very well had your own beloved cat growing up that didn’t bother you a bit but now find when you bring a new one home: WHAM!

Poor kitty. Poor family.

But wait. We have homeopathy!

My clients often ask, “Why did such new allergies crop up in the first place?” If you’ve read my blog for ANY length of

time, you know that it often has to do with your gut. The use of drugs like antibiotics modify (what a euphemism!) the beneficial flora in your gut in some very permanent ways.

Unfortunately, the list of gut-altering drugs doesn't end with antibiotics. Steroids, over-the-counter (OTC) medications, birth control drugs, widespread use of bacteria-killing cleaners, chlorinated drinking water, pesticide and herbicide use (and countless others) *all* contribute to this cumbersome condition.

If you're like me, there is no way you've remained free of these. Really, nobody has. While I haven't taken one of these "medicines" (and have done my best to avoid the rest) in decades, I have a past riddled with the consumption and exposure to some of these drugs and chemicals.

Thankfully, there are homeopathic medicines that can help. Lately, in an effort to bring essential oils users into the fold of homeopathy, I have shared some protocols you can use alongside homeopathy. I give you some of them, paired up with homeopathy treats, today:

- Lavender and Lemon essential oils, taken as an olfactory dose, can help with sinus-related symptoms due to allergies.
- As far as homeopathy for allergy-related sinus issues go, my go-to is [*Sanguinaria 200*](#), taken twice daily, to help uproot sinus-related issues. This may take months for some. (<http://joettecalabrese.com/blog/homeopathy-uproots-mold-allergies/>)
- For itchy skin, apply some Roman Chamomile topically (be sure to dilute this with coconut oil.)
- Homeopathically, I utilize the Banerji Protocol of employing [*Antimonium crud 6*](#) (***Apply the discount coupon***

code “Joette” at check-out for an additional 20% off!) mixed with [*Arsenicum album* 6](#), twice daily for itchy skin.

Notice I have left out essential oils that may antidote, such as peppermint and eucalyptus. Learn more about antidoting with essential oils here: <http://joettecalabrese.com/blog/essential-oils-i-used-during-birth-and-the-homeopathic-remedies-i-wish-id-had/>

Finally, be sure to PUT DOWN that Benadryl. Any sort of OTC allergy medication will drive the illness deeper and cause more problems in the long run.

How, you ask?

I wish I could explain it all in one article. If you want a more in-depth understanding of how allergy medications drive illness deeper and/or to learn more about how you can use homeopathy to uproot ALL of your family’s allergies, chemical sensitivities and other bothersome intolerances (and not just the ones relating to your precious, fluffy, “devil-some” kitty,) I invite you to join our [**Founder’s List**](#), which allows you to be the FIRST to know about my upcoming course on allergies.

If you’ve taken my [*Good Gut, Bad Gut*](#) online course, you know that I have addressed intolerances and some allergies there, but my new course takes it to the next level! We hope to launch this class very soon, so keep your eyes peeled for its official announcement.

Until then, look to homeopathy for when your kitty problems aren’t cute.

If you have allergies, remember that modern medicine has written you off. The CDC itself will tell you: “There is no

cure for allergies. Strict avoidance of the allergen is the only way to prevent a reaction.” I lived decades living in a bubble, dealing with my allergies. Things improved when I stopped taking prescription drugs and changed my diet, but I was not cured. So I kept searching until I found the thing that changed my life forever: homeopathy. Want to learn the same homeopathic steps I took to clear myself of allergies? Learn them today with my newest course: Allergic: <http://allergies.joettecalabrese.com/allergic/> and download a free infographic, and start learning what remedies could help uproot your allergies.