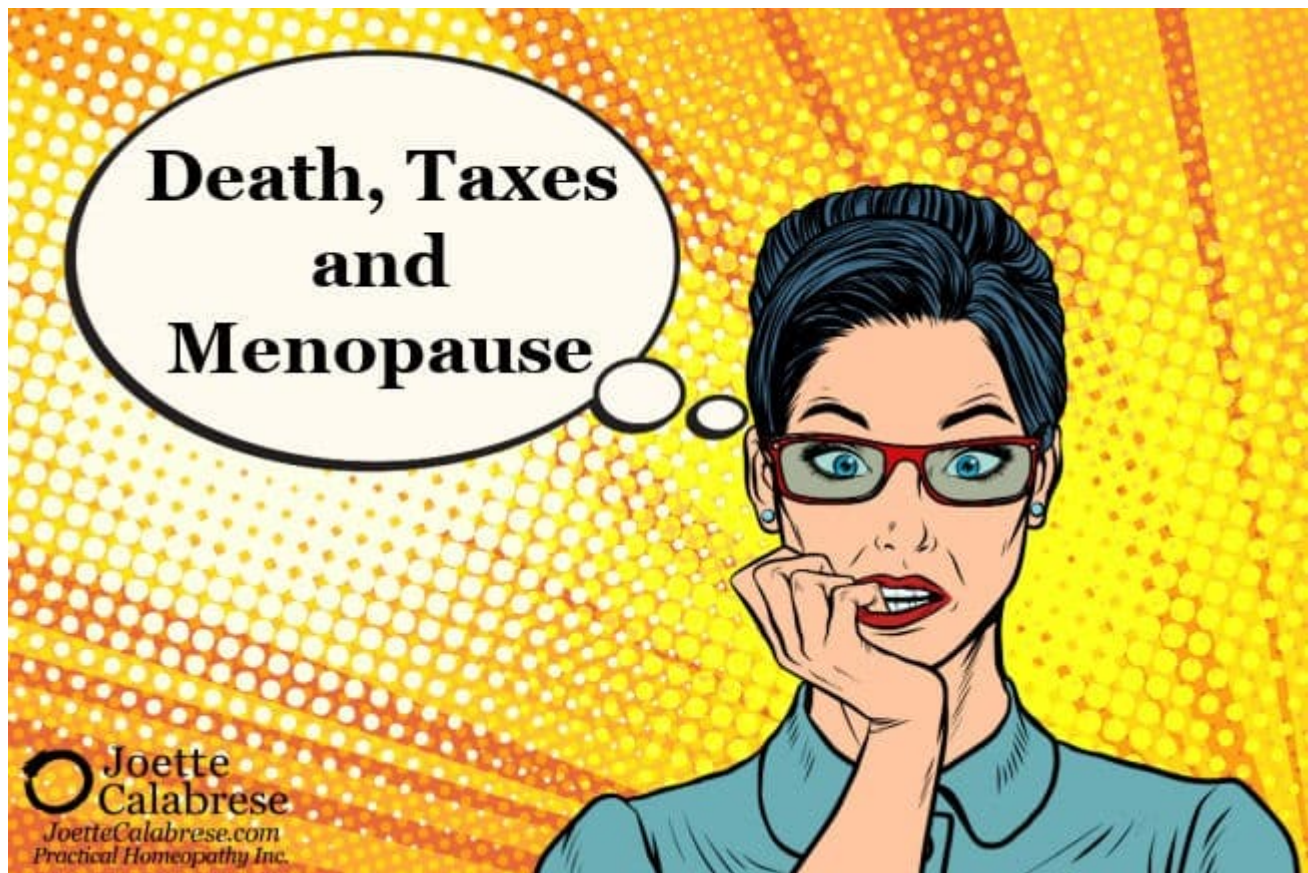


# Death, Taxes and Menopause



Wise elder statesman Benjamin Franklin said, “In this world, nothing can be said to be certain, except death and taxes.”

With apologies to our dear Mr. Franklin, half of the population can easily spot that he missed something.

Nothing is certain except death, taxes and *menopause*!

Yes, menopause is an event in every woman’s life. It’s a matter of *when*, not *if*. And it not only affects the women themselves, but indeed menopause has repercussions in every aspect of their lives: family, friendships and even work.

So, are we expected to grin and bear the hot flashes, night sweats, sleeplessness, mood changes, irritability and throbbing headaches?

Unless we want to jump on the conventional medical conveyor

belt and begin a regimen of hormonal prestidigitation, what do we do?

Monkeying around with hormone replacement therapy can cause iatrogenic diseases (diseases resulting from medication). Reading the medication insert regarding increased cancer risk can strike fear in one's heart. Plus, the therapy must continue for life, or else the menopausal symptoms will begin again.

Is that really the best way to go?

"But Joette, I'm thinking of *bioidentical* hormone therapy. Isn't that safer?"

As you know, I'm not a medical doctor. So, let's defer to how the experts at the [Mayo Clinic](#) answer that question:

"... the hormones marketed as "bioidentical" and "natural" aren't safer than hormones used in traditional hormone therapy. There's also no evidence that they're any more effective."

Bam! I'd say they just lowered the boom on the whole bioidentical hormone industry.

However, it doesn't help to know what NOT to do; we need to find a safer, more effective alternative. And we don't have to look far ...



Our trusted friends at Boiron® have created a proprietary combination remedy called [Cyclease® Menopause](#) that “works naturally with the body to temporarily relieve hot flashes, night sweats, and mood changes associated with menopause and perimenopause.”

In fact, it’s so effective – and appreciated – that it just won a Women’s Essentials award from Taste for Life Magazine.

But although awards are a nice affirmation, skeptics are generally more impressed by research study results. Boiron® has that, too! Listen to this:

“An open, multinational, noncomparative observational study conducted among 99 physicians in eight countries with 438 patients showed that hot flashes and the quality of life in menopausal women were improved with homeopathic treatment. The study revealed a 56% reduction ( $p < 0.001$ ) in the frequency and intensity of hot flashes by day and night, as well as a significant reduction in the daily discomfort the hot flashes caused.”<sup>1</sup>

Gobsmacking, isn’t it?

The monograph for Boiron’s [Cyclease® Menopause](#) contains additional clinical and pharmacological information I found

impressive. So, I'll share those extra details – and even a coupon for \$2.00 off – with my [Mighty Members](#)\* later in the week. Cyclease® Menopause's well-documented clinical studies certainly substantiate my belief that homeopathy is a much preferable approach than the synthetic or "bioidentical" hormone balderdash.

And who can take issue with the convenience of this carefully curated combination remedy? ONE tablet that melts in the mouth contains:

*Arnica montana* 4C – Relieves red, blotchy face associated with hot flashes

*Cimicifuga racemosa* 4C – Relieves mood changes, irritability and occasional sleeplessness associated with menopause

*Glonoinum* 4C – Relieves sudden hot flashes with profuse sweating and throbbing headache associated with menopause

*Lachesis mutus* 5C – Relieves hot flashes, night sweats, irritability and mood changes associated with menopause

So, let's add [Cyclease® Menopause](#) to our list of must-have medicines in our homeopathy kit. All women will benefit from having it handy, whether for yourself or as a stellar way to pass on the good news of homeopathy!

Warmly,

A handwritten signature in cursive script, appearing to read "Joette".

\*Remember [Joette's Mighty Members](#) receive in-depth, more candid information than is generally published in my public

blog. We learn; we share; we even laugh! It's our private playground, away from the prying eyes of social media. Join us. Don't let us have all the fun without you!

P.S. I encourage women to consider my online course, ["Feminopathy,"](#) where this condition and its specific remedies with protocols is covered in detail.

P.P.S. Can you hear that? It's time ticking away ... and it's getting louder!

The enrollment window for The Academy of Practical Homeopathy® only opens once a year, and now's the time.

Whether you want to join the next graduating class or set your sights on joining in the future, now is the perfect time to learn more. There's no obligation. Just join my [Founders' List](#). The Academy may not be suitable for everyone, but you won't know if it's for you unless you find out more.

The Academy of Practical Homeopathy® may be precisely what you're looking for to raise your skills and abilities to an exceptional level. Over 300 graduates are now Practical Homeopaths™. Sign up on the [Founders' List](#) to determine if you have what it takes to join them.

<sup>1</sup> Bordet MF, Colas A, Marijnen P, Masson JL, Trichard M. Treating hot flushes in menopausal women with homeopathic treatment—Results of an observational study. Homeopathy. 2008;97(1):10-15.doi:10.1016/j.homp.2007.11.005.

\*Claims based on traditional homeopathic practice, not accepted medical evidence. Not FDA evaluated.



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