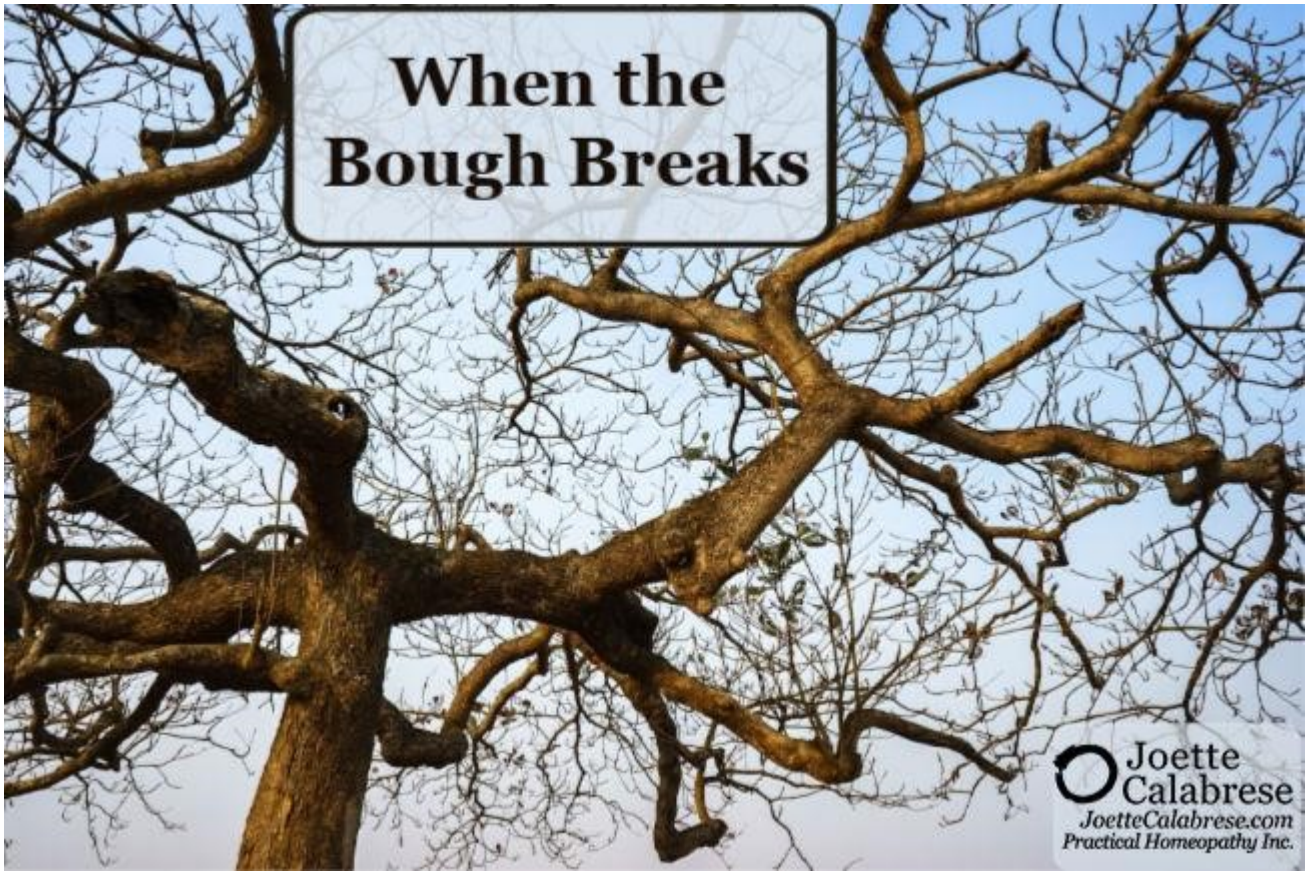
Cell Salt Series: When the Bough Breaks



Remember this line from "Rock-a-Bye Baby," the old children's nursery rhyme? "When the bough breaks, the cradle will fall, and down will come baby, cradle and all."

That never seemed terribly comforting as a lullaby, did it?

I doubt anyone would *intentionally* place their baby in a tree. But when our kids get old enough to climb, they certainly can't resist – despite our warnings! So it was with the young daughter of one of my clients. But unfortunately, with one wrong move, a bough broke.

Yes, down came baby.

On the way down, as she grappled to break her fall, her

hands were impaled by the branches of the tree. It was horrendous.

Her mother was a medical professional and knew this situation called for a trip to the emergency room. Indeed, surgery was required to remove the branches embedded between the little girl's fingers. The surgeons were later able to confirm with post-operative x-rays, "We've got it all out!"

But did they?

A year or so later when she consulted with me, this little girl was still experiencing trouble with the injury sites. I suggested she try *Silicea* 6x twice a day. Within a short period of time (I actually don't recall how long, since this happened years ago), pieces of bark – despite not having shown up on the x-rays – started poking out of her skin at the injury site!

Silicea, the next in our series on cell salts, is nothing mysterious. It's silica, quartz, the stuff that makes up everyday sand. It's one of the most abundant materials on our planet, used in the process of manufacturing many products from glass to electronics. It's all around you, but the most important place it should be is in your homeopathy kit!

Silicea is great for our skin, nails and hair. Some call it a cleansing, detoxifying cell salt, working in conjunction with perspiration to release toxins in the body.

However, one of its most amazing uses is for suppuration and eventual expulsion of sharp, pointed foreign objects in the body such as slivers or glass shards.

So, how did *Silicea* work in the case I just shared with you? It caused a natural response to a sharp foreign object embedded in the body. The suppuration it set up functioned to push the bark and wood splinters out of her little hand.

I've had similar successes with *Silicea* pushing out glass as well. It is an effective medicine to rely on when something is in the body that shouldn't be there – and you want it out!

However, I know what many of you are thinking right now. I get questions like these about five times a week:

"Can I use *Silicea* if I have a surgical mesh after a hernia procedure? Wouldn't *Silicea* push it out?"

"*Silicea*'s not for me because I have pins in my ankle after a bad break. Right?"

"But, Joette, what about my artificial hip?"

"I have dental implants. Will *Silicea* loosen them?"

"What about my cataract lens implants? Will *Silicea* force them out of my eyes?"

My answer to all of these questions is that in my experience, after 32 years of homeopathy study and decades of practice and extensive reading, that's not the way *Silicea* works.

Instead, it encourages festering that the body should be able to do on its own but hasn't because its expulsion power is lacking. The remedy simply encourages the body to regain that power.

Silicea pushes out foreign, randomly embedded matter – as I said earlier – sharp, pointed objects like slivers or shards of glass. It is not associated with acting on medical devices that are carefully designed, placed and intentionally integrated into the body.

Additionally, *Silicea* does not usually produce immediate results. In my experience, there is no reason to believe that you could pop *Silicea* into your mouth and then BAM!

Your artificial hip disconnects, and your leg falls off!

No, it takes time for *Silicea* to push an object out of the body. If, for any reason during that time, you feel that an implant or surgically-placed hardware feels sensitive or painful, then – as with any remedy – *just stop taking it*!

(Kind of reminiscent of the old doctor joke, right? "Doc, it hurts when I do this!" The doctor's answer? "Then don't do that!")

Silicea, along with the other cell salts, can play a significant role in your homeopathy kit at home. I keep it on hand so that my family can begin treatment immediately after receiving a splinter or similar injury.

And as an extra little bonus, here's a previous podcast of mine where my reporter and I discuss how *Silicea* works for her houseplants!

Until we meet next time, be careful if you climb any trees – and pass on the good news of homeopathy!

Warmly,



P.S. It's invaluable to have a *materia medica* on hand to research appropriate remedies during an illness or injury.

To that end, I've written A *Materia Medica*: Practical Homeopathy® for Busy Families in my own, easy-to-understand language. I've also included my personal insights and experiences – the signs I've learned over the years that

help me know when to use a particular remedy.

In it, you'll learn more about all of the cell salts, as well as many other commonly used homeopathic remedies. (Is now too early to start hinting for Christmas?)

P.P.S. If you're looking for all of the posts in my series on the cell salts, here are the links for your convenience:
Calc phos
Ferrum phos
Mag phos
Nat phos
Kali phos
Calc fluor
Nat mur
Nat sulph
Silicea
Calc sulph
Kali sulph
Kali mur

