Cell Salt Series: A Burning Need for *Kali mur*



You've heard the expression "through thick and thin"? Well, *Kali mur* is most certainly the cell salt to think of "through thick."

It becomes difficult for the body to cleanse itself when any bodily fluid becomes overly viscous (thick and sticky).

For instance, if the blood has become too thick and clotting turns problematic, *Kali mur* can work to correct the condition, allowing the liver to cleanse and purify the blood properly.

If mucus becomes viscous, resulting in catarrh (such as with a cold) or bronchitis in the lungs, *Kali mur* can uproot the

condition, allowing the body's natural processes to clear the mucus.

Kali mur is also used in the production of hydrochloric acid, so it is critical to proper digestive function.

As you can see, *Kali mur* covers a lot of conditions. However, today, I would like to focus on its usefulness with burns.

Years ago, when my mother accidentally opened a pressure cooker prematurely.

Now, if you've ever used a pressure cooker, I have no doubt you just gasped in horror. If you're not familiar with a pressure cooker, imagine one of those volcanoes ubiquitous in school science projects: extra hot material sent flying forcefully into the air – only, in this case, it flew right into my mother's face.

She suffered a terrible burn! If there was one stroke of good fortune in this horrible event, it was that she was wearing her glasses – because her whole face was burned *except* for her eyes. They were thankfully saved by her glasses' shielding.

Mom called me immediately. Understandably, she was almost in shock. Because she was unable to read the writing on the tiny bottles in her homeopathy kit, I knew she couldn't take one of those medicines.

So, instead, I instructed her to find her bottle of *Kali mur* 6X – a more sizable bottle, with larger writing she could read even in her distraught state – and take it every five minutes until I could get there. Why so frequently? Because the situation was rather serious.

The result was amazing – shocking, in fact. As severe as my mother's burns had been, her face never blistered. The *Kali*

mur had supported her body's ability to deal with – and heal from – this potentially disastrous accident.

And it has additional applications I, unfortunately, can't discuss thoroughly in a blog post. Just let me assure you, I will never be without *Kali mur*! Nor should you!

Pass on the good news of homeopathy – including the cell salts!

Warmly,



P.S. Well, it's been said, "All good things must come to an end." It must be true because, with this blog post, we have come to the end of my series on the cell salts.

I've enjoyed sharing a brief look at these powerful, versatile medicines. If you're looking for the other posts in the series, here are all of the links for your convenience:

Calc phos
Ferrum phos
Mag phos
Nat phos
Kali phos
Calc fluor
Nat mur
Nat sulph
Silicea
Calc sulph
Kali sulph

Kali mur

Learn as much as you can about these proven medicines. To continue your education beyond the glimpse these short blog posts can give you, I've created a digital download entitled, *Cell Salts: The Easy Homeopathy™*. (If digital downloads don't appeal to you, we also offered it as a 2-CD set.)

Because of the cell salts' versatility and effectiveness, they belong in everyone's collection of homeopathic remedies.

