Caulophyllum: A Homeopathic Hero for Labor and Delivery

Caulophyllum *thalictroides*. Two big Latin words that are all about labor.

Years ago, when I was a classical homeopath, I was trained to find the similimum – the one medicine covering almost everything important in the case – and use it once or twice within a 24-hour period. And that's it.

Then you wait.

I heard from another group of homeopaths or read somewhere that *Caulophyllum* 6X is remarkably helpful when employed during the last couple of weeks of pregnancy to tone up the uterus in preparation for delivery.

When I brought that information to my classical teacher back

in the 1980s, she said, “Oh, no, no, no, no, no, no! We never use a remedy like that. We only use a homeopathic remedy if there are problems and we don’t repeat it daily.

The other side of this argument was saying, “Well, why *have* problems? *Caulophyllum* 6X is a low potency. Time and time again, when utilized once or twice a day at the tail end of a pregnancy, it’s been shown to aid in a smoother labor and delivery.”

That was just one controversy that I had to overcome in my journey from classical to Practical Homeopathy®.

My own successes with *Caulophyllum*

I didn’t yet know anything about homeopathy in my first pregnancy. But toward the end of my second pregnancy, I did use *Caulophyllum thalictroides* 6X, twice daily, for just a few days because the baby was very, very late. When he finally decided to join us, that delivery was super-fast. It was under four hours!

I did it again for my third pregnancy, and once again, it was super-fast. This time it was less than two hours! And the baby was ten pounds!

I’ll put a couple more feathers in my cap for that last pregnancy: I was 43 and gave birth at home. With the help of *Caulophyllum*, the labor was so fast that the doctor made it only for the last few minutes of the birth! Until those final few moments, it was just the baby, my husband, a friend and me.

Indeed, in my experience – both personally and clinically – *Caulophyllum* is a great remedy for toning the uterus and preparing it for delivery. I’ll share a dramatic success story in my next Memo to Mighty Members.

Let me quickly mention that if one can’t locate this

medicine in a 6X potency, the 6C, which is more readily available, will also work.

The difference between homeopathy and conventional drugs is that homeopathy does not manipulate with synthetic drugs or overpowering procedures. It doesn't force the body to go one way or the other. Instead, it stimulates the body's natural ability to correct what's out of balance. So, even though it is not a supplement, the best way to describe *Caulophyllum's* function is to tone the uterus in whichever way is needed.

In other words, if contractions begin too early, *Caulophyllum* calms them down. If the baby is too late, then *Caulophyllum* gently revs things up.

What more can you ask for than an intelligent medicine that works cooperatively with your body?

Yet, *Caulophyllum* is not unique. Our homeopathic medicines function as gentle nudges toward the equilibrium our bodies naturally seek. Unlike synthetic drugs of commerce that operate with brute force interference, homeopathics are an amiable, effective encouragement to the miraculous human body.

We can spare our women from the assaults of modern medicine and the medicalization of the female body. I designed my course, Feminopathy: How You Can Correct Female Ailments Using Safe, Inexpensive and Effective Homeopathy, to teach more homeopathic medicines specifically applicable to women's health.

Painful or irregular periods? Recurring yeast infections? Interstitial cystitis? Migraines? Endometriosis? Osteoporosis? PMS? Hot flashes? Pregnancy? Infertility? Varicose veins? Those topics and so many more are covered in my course.

Download my free infographic for a sneak peek at just a few

of the most commonly utilized remedies.

Then pass on the good news of Practical Homeopathy® to all your girlfriends! When it comes to Feminopathy, we ladies must stick together.

Warmly,

Why are more and more mothers, fathers and grandparents turning to homeopathy? Find out on Wednesday, August 21, 2024, at 8 p.m. EDT, as I explain how homeopathy can be easily taught, learned, and utilized, with a particular focus on medicines to address gut issues common among older populations. Register now for this free webinar hosted by the National Center for Homeopathy and sponsored by Boiron USA, world leader in homeopathic medicines. Don't wait! Space is limited.

As a **gift for registering** for my presentation, I want to offer new users* the opportunity to experience the benefits of a Mighty Members' subscription **free for 30 days**. Enjoy a safe, secure place where my

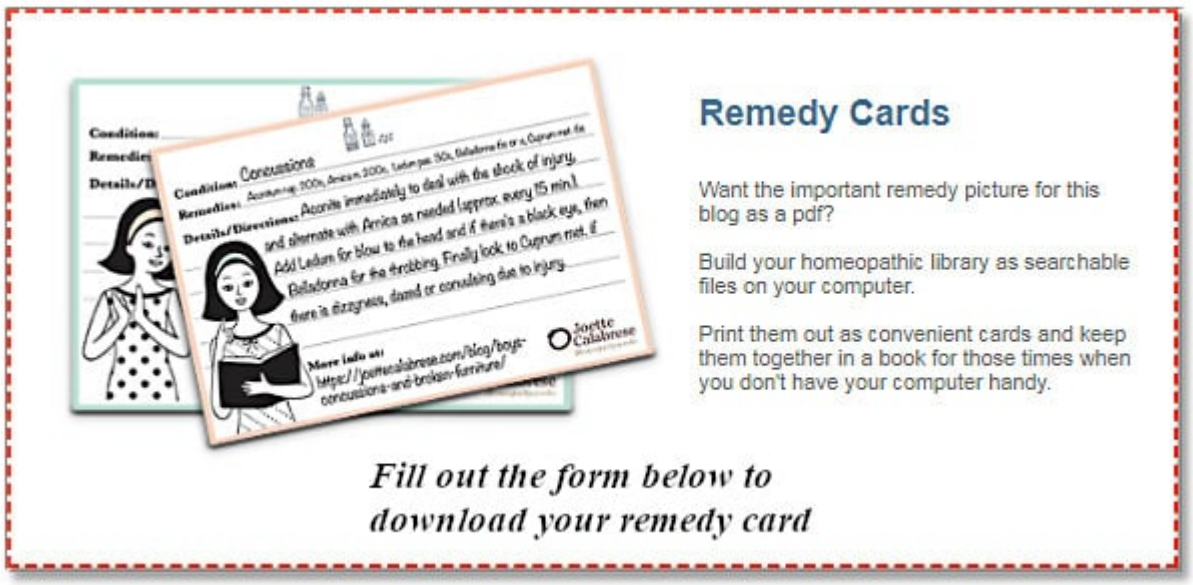
members and I share knowledge safely and more candidly.

They say knowledge is power. However, my Mighties learn that knowledge, in itself, is not powerful. The *application* of that knowledge and the *action taken* makes them powerful.

Join us, and you can be Mighty, too!

Watch your inbox. A couple of days after the presentation, I will email you with a link to take advantage of this free 30-day offer.

*This offer is exclusive to those who register for the NCH event but, regrettably, not to existing Mighty Members.



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