Buster and the Bow-Wow-Wowel Urgency



“Gotta go!”

That’s what Buster the Bad Office Dog *would* have said if he could talk. And, *if* there had been time.

Instead, in the wee, dark hours of the middle of the night, Buster jumped off the bed.

He ran down the stairs, ran across the patio, ran through the yard, ran into the middle of the street …

And pooped.

With his sense of urgency (and speed), you would have thought aliens were invading our neighborhood. But no, it was an emergency bathroom run.

Wearing a look of relief, little Buster then retraced his path.

He ran back through the yard, back across the patio, in the house, up the stairs, and sat at the base of the bed.

He just stared at me, waiting to be lifted back up onto the bed with Perry (my husband).

Every once in awhile, we all experience bowel urgency. (Although, thankfully, we humans don't feel compelled to run out into the street.)

There are several potentially appropriate homeopathic medicines (such as *Nux vomica*, for instance). But, today, I want to talk to you about the importance of looking at the *whole picture* when choosing a remedy for a particular condition.

You see, Buster has anxiety when he's separated from his beloved Perry.

Perry is his person. Even if Perry is only gone long enough to take out the garbage, Buster starts pacing back and forth.

If Perry is gone for long, Buster goes berserk!

He gets even more restless and repetitively runs a little anxiety circuit.

He scampers to his water bowl. Drinks. Looks back at me.

Runs to peer down the stairs for any sign of Perry. Looks back at me. (As far as people go, I'm a distant second … but at least I'm still something.)

Then he dashes back to the water bowl and begins all over again.

When we realized Buster's midnight bow-wow-wowel urgency was

a bigger deal than mere diarrhea, my choice of medicine narrowed.

When bowel movements at unusual times are accompanied by anxiety, restlessness and thirst for sips as part of the overall picture, our attention turns to *Arsenicum album* 30.

Those most in need of *Arsenicum* worry. They feel insecure. The mere thought of not having their "person" nearby as support drives them to restless behavior.

We gave Buster *Arsenicum* 30 twice a day for a week.

Then we assessed. (When dealing with conditions with an acute factor – such as bowel urgency – we assess sooner than when I'm caring for a chronic condition.)

We continued giving him *Arsenicum* for one more week, after which Buster's bowel movements occurred at the appropriate time of day and appeared normal.

Plus, his whole doggy-demeanor changed. He was less anxious, drank much less and experienced no more restlessness.

That's what I would call "Very Much Better" – *precisely* what we watch for when assessing a condition after having employed homeopathy.

Don't worry, though.

Arsenicum album only uprooted Buster's underlying anxiety.

Perry is still – as he always has been – Buster's person! Those two are thick as thieves.

Perry administers Buster's other homeopathic medicines every day.

Buster will happily take all of them – except for *Ipecac,* which happens to be lactose-type pills.

Buster draws the line there. He refuses them.

Once, completely unnoticed, I watched Perry lean over the recalcitrant Buster. He said, “Look, do you want to get better or not?”

It cracked me up!

Perry had no idea I had heard him in his private conversion with his poodle. (Until he reads this blog post.)

In his defense, I suppose he was just passing on the good news of homeopathy!

Warmly,



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