

Bug Bites and Homeopathy



Let this summer be a
chemical free one for
your family!

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Summer is almost upon us. Long sunny days to enjoy many outside activities of sports and leisure. These activities are often hampered, however, by the many creepy, crawly, flying critters that share our summer days and often cause us injury or discomfort! Commercial bug sprays and medications often carry many dangers, but homeopathy can easily come to the rescue in the event of an insect bite or sting.

Let us first look at the most broadly capable insect remedy, *Ledum pall.* It covers the reactions from the stings and bites of all bees, mosquitoes and ticks, as well as unidentified crawly creatures. It eliminates pain and the nasty swelling as well as remote swelling from allergic reactions. *Ledum* has been shown to reduce the reaction even in an allergic person. In fact, in the compendium of homeopathic medical literature, it has been credited for having reversed anaphylaxis reactions.

However, not all reactions to stings are alike. Occasionally, the site of the sting is hot and puffy in an edematous way. This would be a call for the remedy *Apis mell* instead of *Ledum*. Generally, *Apis mell* is the second choice, but if the site has a look as though the area is holding water, then *Apis* is the better remedy to begin with. If, after choosing a remedy that appears to be insufficiently addressing the problem, give the next best remedy. Do this after at least 3 doses have been tried.

Make homeopathy *your* family's choice of health care and creepy, crawly creatures will no longer threaten the fun of summer.

P.S. ~Would you would like to learn more about how to be prepared for all types of first aid situations and sourcing these remedies? Then you need my upcoming course *The Survivalist Guide to Homeopathy*. Learn more about how homeopathy is THE medicine for when the SHTF. For more information on how YOU can Think Outside of the Box, click here >> <https://homeopathyworks.iljmp.com/3/toanu>.



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