

# A Bird in the Hand



My husband and I were at home working recently when ... BAM!! A tiny little bird flew directly into our glass doors.

We immediately jumped up to help him. Luckily, he hadn't broken his neck, but he certainly was stunned. I imagined he was seeing stars.

(I'll say this for him, though. If he had to pick a door to careen into, he picked well by choosing a homeopath's door.)

You may recall I have taught many times over the years that

[Arnica montana 200](#) is the premier homeopathic medicine for first aid – especially for soft tissue, bone and head injuries. And this tiny, dazed bird was most assuredly suffering from a head injury. So, what a marvelous opportunity to practice what I preach (and take pictures, to boot)!

While its likely that the bird would have come around of its own accord eventually, I knew I could help it revive more quickly and thoroughly with homeopathy.

So, while Perry held the semi-conscious bird in his hands, I quickly prepared a wet dose of *Arnica*. I put four pillules in two ounces of water and swished them around to dissolve them. Then I sucked up a few drops in a clean eyedropper and put the *Arnica* solution around its beak. He was so out of it that he wouldn't open his little beak to drink the solution, so I placed more drops all around his wee, little face to ensure that some of the *Arnica* would be absorbed into his system.

It didn't take long until the *Arnica* did its job!

Our little bird-buddy began to regain consciousness and soon appeared ready to be released back into the world – no doubt a bit wiser for the event. (I hope he shared his newfound knowledge of glass doors with all his feathery friends.)

You know glass doors (while beautiful) are often a menace to animals AND humans. I know several folks who have “unexpectedly encountered” glass doors with a sickening thud. Unfortunately, we all get in a hurry sometimes, and that's when accidents happen.

But the beauty of homeopathy is that it doesn't discriminate based on species. So, no matter whether it's a bird, dog, cat, chicken, camel, llama or the next-door neighbor who slams headfirst into a set of sliders, *Arnica montana* is an equal opportunity medicine. It provides the impetus the body

needs to recover from the trauma.

If you'd like to see how homeopathic *Arnica montana* is created – from harvest to tube – you might enjoy [this little video](#) from our friends at [Boiron](#).

No doubt, *Arnica* is an essential medicine to have on hand. Accidents happen when we least expect them, so being prepared is our best insurance against lasting injury.

How do you prepare? Easy! By learning everything you possibly can about homeopathy so that it's ingrained in your memory when needed – or at the very least, you have a reference book at your fingertips to look up the condition and associated medicine.

To that end, I developed a guided curriculum for you to learn the basics of homeopathy in a study group environment with others. It's called [Gateway to Homeopathy\\*](#), and *Arnica montana* is one of the featured medicines I teach in the module on first aid.

I consider it a blueprint for taking your family to health independence.

The sentiment I hear most often from my students is that once they get a grip on using homeopathy, they find they no longer fear injuries and illnesses. Instead, they resolve these conditions easily, inexpensively and pleasantly.

Independence from most health concerns allows our lives to take a radical turn. One that is more productive and creative instead of cowering, submissive and wrought with anxiety.

I know of no better way to learn homeopathy than with others. It's how I learned! Decades ago, I created a study group with like-minded individuals, and we became fast, enduring, supportive friends.

You know, recently, I was reminded of a quote from Paul Williams that was reminiscent of the dynamic of Gateway study groups. He said, "There's not a word yet for old friends who've just met."

That describes Gateway in a nutshell! Believe me, the people you will meet in your study group will soon be your "old friends."

So, pass on the good news of homeopathy! And tell them a "little bird" told you!

Warmly,

A handwritten signature in cursive script, appearing to read "Jette".

\*The time to meet your study group friends is now! Unfortunately, with the rapidly rising costs of paper, ink, postage, servicing our printer and labor to maintain the content, we will be forced to raise our prices on [Gateway Study Group Curriculums I and II](#) and [Materia Medica](#), effective November 1, 2022.

But until then, you have a short window of opportunity to purchase these items at today's prices. So, if you want to join a [Gateway Study Group](#) or learn more about over 150 homeopathic medicines in [A Materia Medica: Practical Homeopathy® for Busy Families](#), take advantage of this offer now – before the prices increase. Then, in short order, you'll have some old friends whom you've just met (just as Paul Williams described)!



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