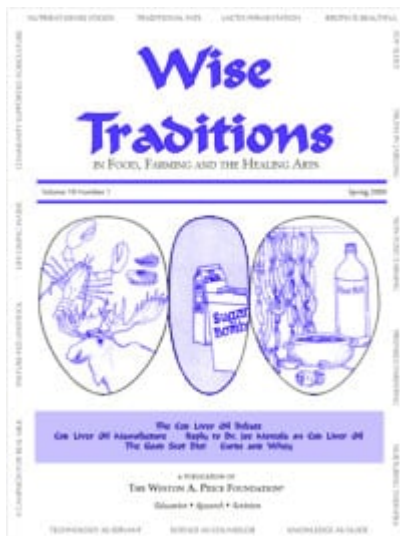


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Homeopathic Solutions for EMR Effects

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When I was twelve my cousin's family invited their neighbor, a boy about my age, to our annual family picnic. He was a handsome boy, but that night when we all gathered on the beach, I saw him intentionally throw a rock at a toad and kill it. I was horrified and confused. Was he a heavenly vision of perfection or an evil monster? The discrepancy between what I imagined him to be and what he really was tore at me so strongly that it was

almost painful. I'd gone through such a push and pull of strong emotions all in one day. By the time we headed home that night, I decided I hated him.

This little tale of youthful infatuation dashed by disappointment is not unlike our modern day love affair with the latest mesmerizing offerings of advanced technology. We are so easily seduced by their glittering attributes, and come to worship their convenience and ease of use so that we are convinced we can't live without them. Yet once we discover the disturbing dark sides of technological "advances" that we have permitted ourselves to trust too naively, we can hate them nearly as much.

Yet a solution to this conundrum is close at hand. In spite of the fact that the homeopathic method was discovered and codified long before manmade electromagnetic radiation had

become a common force in our lives, this resource nevertheless offers us today rechargeable solutions to our modern EMR pollution problems. Probably what makes homeopathy so pertinent in a discussion of the subject of electrical pollution is that it is not necessarily etiologically specific. That is, its value is explicit to the symptoms and characteristic signs of illness, not necessarily to the cause of the illness. Hence we needn't discover the sometimes elusive sources of electromagnetic pollution in order to ascertain the remedy choice. This method provides freedom from costly and time-consuming tests and speculation.

At the same time this does not mean that we shouldn't search for the cause so that it can be eliminated or reduced, for certainly the more information we obtain, the better our decisions and actions. Yet with the homeopathic approach, this is not always necessary. For example, recognizing that a child has whooping cough can offer a shortcut to the correct homeopathic medicine, but listening to the sound of the cough will also indicate that an appropriate remedy choice would likely be *Ipecac* or *Cuprum metallicum*, both of which happen to be documented matches for whooping cough. Regardless of the path traveled to fend off the illness, the correct remedy will abort the cough and bring the sufferer to completion of the disease in a relatively short time.

INFERTILITY

With homeopathy in mind, let's look at the consequences of the effects of EMR on a most distressing condition and one that is related to the condition of human reproduction: infertility and sterility.

Aurum metallicum 200C is a remedy confirmed in its efficacy in supporting the male reproductive system. It has historically shored up masculine vigor and returned a low sperm count to a level that is swimmingly adroit. How do we know this? To start, we have over two hundred years of cumulative clinical

knowledge and experience of success with *Aurum metallicum* for this condition. The *Concordant Materia Medica* by Frans Vermuelen states the following effects of *Aurum metallicum*: “addresses orchitis [inflammation of testicles], atrophy of testicles, and epididymitis [inflammation of the tube that connects the testicle with the vas deferens].”

From our perspective with the WAPF dietary guidelines, we also know that some of the reproductive conditions that men suffer may be a result of eating a steady diet of soy, from exposure to pesticides, or simply due to an unknown hormonal imbalance.

For young women, infertility is often addressed homeopathically with *Calcareo carbonica* 200C. In Dr. P.S. Rawat’s book, *A Homeopathic Treatise on Homeopathic Help, Research, and Allied Work*, *Calcareo carb* “removes not only the anemic condition, but also corrects delayed menses and favors conception.” The author offers no specific cause for the disorder. Instead, the simple diagnosis of infertility is enough information to consider this medicine of value with this complaint.

Drs. Prasanta and Pratip Banerji in their book *The Banerji Protocol* offer a chart that includes fertility and sterility with regard to toxic radiation. It presents *Aurum metallicum* 200C for men while for women *Calcareo carbonica* 200C is indicated. Drs. Prasanta and Pratip Banerji use *Aurum metallicum* routinely for nearly all cases of male infertility problems as well as erectile dysfunction and *Calcareo carbonica* for any cases of infertility in women.

CHANGES IN RED BLOOD CELLS

Another concern with EMR exposure is hematological changes, which have been observed in mice. When the red blood cells show pathological deviations, (again, regardless of the cause) one homeopathic course of action is *Hamamelis virginica* 200C and *Arnica montana* 3C. The Drs. Banerji consider this to be

the first line of defense when this disorder appears. After having worked in a fellowship for two years in the Prasanta Banerji Homeopathic Research Foundation in Calcutta and observed and recorded over fifty-five hundred cases, I witnessed incidents in which their method of using these medicines showed noteworthy success. The method is to use the two remedies mixed together and taken daily for about six to eight weeks, thereafter assessing the status of the patient. Based on their one hundred twenty years of observations accumulated throughout this distinguished Banerji lineage of several generations of homeopathic physicians, the protocol above has proved successful in about 80 percent of patients with an abnormal red blood cell count.

INSOMNIA

No discussion of the ill effects of EMR would be complete without a look at the neurological effects of exposure. One of the most common complaints is sleeplessness and agitation. Recalling that homeopathy is based on the aphorism "like cures like," we look to the ability of other stimulants that are known to cause such symptoms in their crude form and consider remedies derived from those substances which when homeopathically potentized, become a medicine capable of relieving those same symptoms. Hence, we must examine the homeopathic medicine *Coffea* 200C, which is made from coffee but diluted two hundred times to the hundredth power. Its ability to relieve symptoms of sleeplessness, mental agitation and unusual activity of body and mind is unmatched. When it is time to rest, the sufferer is full of ideas, quick to act, is unable to drop into sleep. When *Coffea* 200C is taken twice daily for days or weeks, depending on the severity of the symptoms, it has been shown to relieve these exalted sensibilities. Remember this method not only for these sorts of sensations in relation to EMR but also when they occur regardless of the cause. *Coffea* 200C, taken about an hour before bedtime, has put many an insomniac to sleep without the

associated toxic properties of narcotics.

Interestingly, members of my family are dealing with an EMR problem in the home where our adult children live. There is a strong electromagnetic field adjacent to one of the bedrooms. We know its origin and have noted a few solutions, but the cost for remediation is prohibitive. So while we're working on a second shielding solution and while our sons have neither apparent illness nor conditions, this is what we're doing to protect them. They take *Natrum muriaticum* (Nat mur) 6x mixed with *Calcarea fluoridica* (Calc fluor) 12x, twice daily. *Natrum muriaticum* and *Calcarea fluoridica* are cell salts, a sub-category of homeopathy that encompasses nutrients (minerals) and enhances the body's ability to absorb nutrition. There are no data of which I am aware that prove that these two cell salts have protected humans or animals from EMR. However it is my professional deduction that they may do so based on my knowledge of the characteristics of each. Of course our sons also consume bone stock as well as raw milk, kombucha and raw butter nearly every day.

It might be difficult to prove that any of these conditions is related to EMR. One of the most engaging aspects of homeopathy is that knowing the origin of the condition is not always necessary. So whether the condition results from pesticide exposure, electromagnetic radiation, poor diet, inherited tendencies, or even the ill effects of disappointed puppy love, we can usually depend on symptoms and a diagnosis to direct the treatment and count on homeopathy as a viable method with profound and reproducible results.

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